

## Metro East Conference Championships - 5/21/2019 to 5/23/2019

## Simley High School Stadium

## Meet Program - Finals Day

**Event 1 Girls 4x800 Meter Relay (6)****Thursday 5/23/2019 - 4:30 PM**

New Record: 9:42.54 5/26/2016 Henry Sibley

E Whitcomb, O Segura, L Fisher, R Dill

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

2	Simley		11:15.97
	1) Hassing, Sydney 12	2) Jessen, Amelia 9	
	3) Raab, Emma 11	4) Bonilla-Rios, Crystal 9	
3	Mahtomedi		10:14.23
	1) Fischer, Makayla 9	2) Birkeland, Giorgia 11	
	3) Kapfer, Kaia 10	4) Nelson, Emmeline 11	
4	Henry Sibley		9:55.94
	1) Franco-Omana, Francisca 10	2) Tuvey, Amanda 11	
	3) Rosga, Jaylen 9	4) Dill, Rose 12	
5	South St. Pa		10:09.54
	1) Jugovich, Jessica 12	2) Lenarz, Bauston 12	
	3) Bernard, Breanna 8	4) Laska, Tessa 12	
6	Hastings		10:19.47
	1) Atkins, Elise 7	2) Hanson, Linnea 10	
	3) Biscoe, Emily 11	4) Daley, Avery 10	
7	Tartan		11:23.73
	1) Draves, Gretchen 9	2) Laska, Brooke 10	
	3) Kohel, Megan 12	4) Forsman, Amelia 10	

**Event 2 Boys 4x800 Meter Relay (8)****Thursday 5/23/2019 - 4:45 PM**

New Record: 8:14.22 5/26/2016 Hastings

M Minnick, K Gudmunson, G Myers, J Brown

Lane	Team	Relay	Seed Time
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**Section 1 of 1 Finals**

1	South St. Pa		9:22.59
	1) Ortiz, Angel 11	2) Delfino, Antonio 11	
	3) Cuate roldan, Uriel 10	4) Standley, Zach 12	
2	North HS		9:12.21
	1) Jenkins, TyJon 9	2) Almeida, Anthony 11	
	3) Anacleto, Dylan 11	4) Yang, Lucas 10	
3	Mahtomedi		8:47.05
	1) Jurney, Alexander 12	2) McLachlan, James 12	
	3) Viggiano, Luigi 12	4) Newman, Joseph 12	
4	Hastings		8:40.00
	1) Myers, Matt 12	2) Brenny, Christian 11	
	3) Stoltz, Kyle 10	4) Kendall, Paul 12	
5	Henry Sibley		8:40.70
	1) Challifour, Bennett 11	2) Stroffoffer, Carl 9	
	3) McFaul, Alexander 10	4) Alton, Brad 12	
6	St Thomas Ac		9:04.03
	1) Motzel, Joey 12	2) Doran, P.J. 12	
	3) Murphy, Kevin 10	4) Adams, Thomas 9	
7	Tartan		9:20.11
	1) Wertzler, Peter 11	2) Hughes, Ethan 11	
	3) Latterell, Aidan 10	4) Piepgras, Henry 10	
8	Simley		9:49.45
	1) Anaya, Alex 8	2) Anderson, Ian 10	
	3) Scheffer, Jacob 9	4) Streich, Caleb 9	

**Event 5 Girls 100 Meter Hurdles (8)****Thursday 5/23/2019 - 5:05 PM**

New Record: 15.74 5/23/2017 Kylie Krawczyk

Lane	Name	Yr	School	Prelims
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**Section 1 of 1 Finals**

1	Hughes, Rachel	11	Hastings	18.35
2	Smith, Abigail	11	Mahtomedi	18.19
3	Schafhauser, Anna	9	Hill-Murray	17.86
4	Krawczyk, Kylie	12	Mahtomedi	16.41
5	Ardito, Anna	12	Mahtomedi	17.39
6	Green, Ariana	11	Hastings	17.58
7	Overvig, Annika	10	Henry Sibley	18.23
8	Schuh, Olivia	9	South St. Pa	18.71

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**Event 6 Boys 110 Meter Hurdles (8)**

Thursday 5/23/2019 - 5:10 PM

New Record: 15.01 5/19/2015 Ted Frid

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Fedie, Dominic	11	Mahtomedi	18.40
2	Sirek, Gabe	11	St Thomas Ac	17.70
3	Julio-Argel, Jorge	10	Tartan	17.27
4	Keumogne, Randy	11	Tartan	16.83
5	Adebayo, Hope	11	Simley	16.89
6	Johnson, Evan	11	Mahtomedi	17.13
7	Nickson, Steven	11	Henry Sibley	17.82
8	Williams, Naeem	12	Mahtomedi	18.43

**Event 7 Girls 100 Meter Dash (8)**

Thursday 5/23/2019 - 5:20 PM

New Record: 12.23 5/22/2018 Shaliciah Jones

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Ekereke, Kendra	12	Tartan	13.50
2	Bloemendal, Maria	11	Hill-Murray	13.40
3	Horton, Tamia	9	North HS	13.40
4	Jones, Shaliciah	11	North HS	12.69
5	Jackson, Aliah	11	Simley	12.92
6	Stellmach, Sarah	11	Mahtomedi	13.25
7	Boughton, Zoe	10	Simley	13.43
8	Carlson, Kate	10	Simley	13.64

**Event 8 Boys 100 Meter Dash (8)**

Thursday 5/23/2019 - 5:25 PM

New Record: 10.78 5/19/2015 Akeem Sirleaf

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Thomas, Amar	12	Hastings	12.10
2	Frederick, Alec	12	Simley	11.98
3	McKinley, Rashad	9	Hill-Murray	11.88
4	Burciaga, William	11	South St. Pa	11.80
5	Leeth, James	12	North HS	11.87
6	Dang, Tien	11	Tartan	11.90
7	Thompson, Desean	11	South St. Pa	12.07
8	Grissom, Tyion	9	Tartan	12.11

**Event 9 Girls 4x200 Meter Relay (8)**

Thursday 5/23/2019 - 5:40 PM

New Record: 1:44.80 5/21/2015 South St. Paul

S Veldman, H Marion, C Dust, R Veldman

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Hastings		1:53.50
	1) Kennedy, Madison 9	2) Dahler, Courtney 10	
	3) Hayes, Lillian 9	4) Molitor, Samantha 9	
2	Mahtomedi		1:53.30
	1) Kroschel, Karla 11	2) Holst, Anna 9	
	3) Greeder, Caylee 11	4) McCormick, Grace 12	
3	South St. Pa		1:49.66
	1) Jugovich, Jessica 12	2) Froeming, Leanna 9	
	3) Ogren, Gabriella 8	4) Lehmann, Clair 12	
4	North HS		1:49.33
	1) Anigbogu, Colette 11	2) Pedersen, Hayley 12	
	3) Parsons, Brianna 11	4) Horton, Tamia 9	
5	Hill-Murray		1:49.51
	1) Brown, Corrine 11	2) Stone, Sydney 11	
	3) Bloemendal, Maria 11	4) Ayd, Anna 12	
6	Tartan		1:50.03
	1) Tabaka, Jillian 9	2) Rome, Ahmira 9	
	3) Jones, Madison 10	4) Oluwa, Rukayat 12	
7	Simley		1:53.32
	1) Thoenke, Clara 9	2) Rud, Ellie 10	
	3) Matthews, Lucy 11	4) Anderson, Rachel 11	
8	Henry Sibley		1:55.00
	1) Anderson, Caroline 10	2) vanNatta, Katy 12	
	3) Dupont, Clara 11	4) Oliva, Valencia 8	

**Event 10 Boys 4x200 Meter Relay (9)**

Thursday 5/23/2019 - 5:45 PM

New Record: 1:30.90 5/26/2016 Simley

A Johnson, D Richards, J Woja, K Wilson

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
3	St Thomas Ac		1:45.27
	1) Yosef, Abraham 11	2) Griffin, John 11	
	3) Melendez, Jose 11	4) Smith, Jamie 10	
4	Tartan		1:37.37
	1) Odeku, John 12	2) Coleman, Elijah 10	
	3) Julio-Argel, Jorge 10	4) Kolberg, Kase 12	
5	Simley		1:42.62
	1) Franklin, Jamonte 11	2) Moore, Eric 12	
	3) Diaz, Zeke 12	4) Allaire, George 12	

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**Section 2 of 2 Finals...(Event 10 Boys 4x200 Meter Relay (9))**

2	Hill-Murray	1:36.77
	1) Witzany, Robert 11	2) Mendez, Matias 11
	3) Hurley, Vincent 12	4) Hurley, Gianni 9
3	Henry Sibley	1:35.60
	1) Richardson, Shawn 10	2) Clem, Grady 12
	3) Latvis, Cameron 10	4) Morris, Brandon 10
4	Mahtomedi	1:31.61
	1) Fosdick, Ian 12	2) Halatsis, Alexander 11
	3) Johnson, Evan 11	4) Blasena, David 12
5	South St. Pa	1:33.10
	1) Wilebski-Hendrickson, Tyler 11	2) Gonzalez, Marco 12
	3) Monack, Alex 12	4) Burciaga, William 11
6	Hastings	1:36.04
	1) Kullmann, Noah 12	2) DuRand, Beau 11
	3) Zak, Colby 11	4) Thomas, Amar 12
7	North HS	1:37.08
	1) Kuchemeister, Jack 12	2) Rodriguez, Dale 11
	3) Sullivan, Grant 12	4) Leeth, James 12

**Event 11 Girls 1600 Meter Run (21)**

Thursday 5/23/2019 - 6:00 PM

New Record: 5:14.80 5/26/2016 Star Costa

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	Fuerst, Rae	8	Hill-Murray	6:17.85
2	Tellez, Brenda	9	Simley	6:17.88
3	Kapun, Arlie	9	Tartan	6:19.72
4	Torenvliet, Alyne	11	Mahtomedi	6:19.81
5	Smith, Kate	10	Hill-Murray	6:21.40
6	Kavanagh, Abaigeal	7	Hill-Murray	6:22.00
7	Staken, Emily	12	North HS	6:33.21
8	Kelly, Ella	9	Hastings	6:33.37
9	Cleary, Emma-Grace	12	Simley	6:37.48
10	Erickson, Brooke	10	Hastings	6:45.58
11	Gullickson, Aselya	9	South St. Pa	6:58.24
12	Adekanmi, Goodness	12	Tartan	6:58.48

**Section 2 of 2 Finals**

1	Anaya, Sarah	12	Simley	5:32.98
2	Urban, Linnea	10	Hastings	5:33.16
3	Fischer, Makayla	9	Mahtomedi	5:42.23
4	Segura, Olivia	12	Henry Sibley	5:45.00
5	Gonsalez, Nicole	9	Henry Sibley	5:47.00
6	Whiterabbit, Lauren	10	Mahtomedi	5:49.10
7	Fleming, Clare	9	Henry Sibley	5:52.50
8	Kelly, Nicole	10	South St. Pa	5:53.55
9	Kelly, Amanda	11	South St. Pa	5:57.33

**Event 12 Boys 1600 Meter Run (27)**

Thursday 5/23/2019 - 6:10 PM

New Record: 4:23.84 5/24/2018 Myles Fleming

Lane	Name	Yr	School	Seed Time
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**Section 1 of 2 Finals**

1	Johnson, Alexander	9	Tartan	5:09.66
2	Weber-Rolfes, Payton	12	Henry Sibley	5:09.67
3	Hansen, Evan	9	South St. Pa	5:10.83
4	Conners, Nolan	9	Hill-Murray	5:12.13
5	Holslin, Aaron	12	Mahtomedi	5:16.02
6	Granec, Lucas	9	Mahtomedi	5:16.71
7	Alvear, Gabe	10	Simley	5:20.30
8	(Tre) Montague, James	10	Hill-Murray	5:23.41
9	Jones, Adam	9	Hill-Murray	5:25.00
10	Cleary, Hank	10	Simley	5:25.34
11	Cremer, Moritz	11	North HS	5:35.11
12	Bollman, Carter	11	Simley	5:37.73
13	Lam, Reyna	12	North HS	5:38.33
14	Holm, Gaberik	9	North HS	5:42.22

**Section 2 of 2 Finals**

1	Kolar, Luke	12	St Thomas Ac	4:33.20
2	Youngstrom, Jakub	11	Hastings	4:40.67
3	Herchbach, Magnus	9	Henry Sibley	4:47.01
4	Kinzley, Padon	9	St Thomas Ac	4:49.55
5	Krummel, Matthew	10	Tartan	4:50.71
6	Barr, Ethan	11	Mahtomedi	4:50.78
7	Myers, Nolan	10	Hastings	4:53.10
8	Lehmann, Sam	12	South St. Pa	4:55.94
9	Harris, Luke	11	Hastings	4:58.21
10	Doran, P.J.	12	St Thomas Ac	5:06.80
11	Bakken, Daniel	10	South St. Pa	5:07.16
12	Holton, Nicholas	8	Tartan	5:07.55
13	Chandler, Thomas	10	Henry Sibley	5:08.85

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**Event 13 Girls 4x100 Meter Relay (8)****Thursday 5/23/2019 - 6:30 PM****New Record: 48.80 5/25/2017 North St. Paul****A Pratt, T Horton, J Cooke, J Cager**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Mahtomedi		54.16
	1) Granec, Halley 11	2) Ryan, Kate 11	
	3) Frattalone, Isabella 11	4) Greeder, Caylee 11	
2	Hastings		53.67
	1) McCoy, Taylor 9	2) Kennedy, Madison 9	
	3) Marthaler, Hannah 9	4) Wilkerson, Tayghan 8	
3	South St. Pa		51.39
	1) Rohrer, Ella 9	2) Lehmann, Clair 12	
	3) Rosebur, Abbigail 9	4) Gustafson, Clarice 10	
4	North HS		50.85
	1) Anigbogu, Colette 11	2) Pedersen, Hayley 12	
	3) Parsons, Brianna 11	4) Horton, Tamia 9	
5	Simley		51.03
	1) Carlson, Kate 10	2) Jackson, Aliah 11	
	3) Anderson, Rachel 11	4) Boughton, Zoe 10	
6	Tartan		53.24
	1) Tabaka, Jillian 9	2) Young, Erin 9	
	3) Jones, Madison 10	4) Oluwa, Rukayat 12	
7	Henry Sibley		53.80
	1) vanNatta, Katy 12	2) Howard, A'Kyla 10	
	3) Shenouda, Justina 12	4) Gurley, Shamara 9	
8	Hill-Murray		55.11
	1) Nath, Fiona 12	2) Omoyeni, Ajibola 10	
	3) Pearson, Claire 10	4) Haugh, Megan 10	

**Event 14 Boys 4x100 Meter Relay (9)****Thursday 5/23/2019 - 6:35 PM****New Record: 43.02 5/26/2016 Mahtomedi****L Cashin, M Pirozzoli, J Frye, T Pieper**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
3	Henry Sibley		47.33
	1) Richardson, Shawn 10	2) Moindi, Enock 10	
	3) Hill, Miles 10	4) Kritsberg, Ben 9	
4	Mahtomedi		47.00
	1) Tuttle, Tristan 11	2) Campbell, Austin 9	
	3) Hogan, Benjamin 11	4) Halatsis, Alexander 11	
5	South St. Pa		47.00
	1) Thompson, Desean 11	2) Christoffersen, Quinn 10	
	3) Bakken, John 10	4) Kelley, Patrick 12	

**Section 2 of 2 Finals**

2	St Thomas Ac		46.55
	1) O'Neil, Grady 9	2) O'Keefe, Patrick 11	
	3) Betts, Stephen 11	4) Deyak, Joe 11	
3	Tartan		45.90
	1) Dang, Tien 11	2) Grissom, Tyion 9	
	3) Odeku, John 12	4) Keumogne, Randy 11	
4	Hill-Murray		44.89
	1) Gannon, Riley 12	2) McKinley, Rashad 9	
	3) Hurley, Vincent 12	4) Hurley, Gianni 9	
5	North HS		45.72
	1) Leeth, James 12	2) Twyman, Mekeil 12	
	3) Vang, Kyle 11	4) Kuchemeister, Jack 12	
6	Simley		46.52
	1) Frederick, Alec 12	2) Franklin, Jamonte 11	
	3) Diaz, Zeke 12	4) Sok, Justin 11	
7	Hastings		46.76
	1) DuRand, Beau 11	2) Kullmann, Noah 12	
	3) Zak, Colby 11	4) Halverson, Brett 9	

**Event 15 Girls 400 Meter Dash (8)****Thursday 5/23/2019 - 6:45 PM****New Record: 57.35 5/24/2018 Shalicia Jones**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Kroschel, Karla	11	Mahtomedi	1:04.15
2	Roberts, Aurora	11	Tartan	1:02.97
3	Brake, Mallory	12	Hastings	1:02.91
4	Ayd, Anna	12	Hill-Murray	1:00.90
5	Jones, Shalicia	11	North HS	1:01.77
6	Stellmach, Sarah	11	Mahtomedi	1:01.09
7	Larcholey, Liberty	11	Hastings	1:03.48
8	Atkins, Elise	7	Hastings	1:04.75

**Event 16 Boys 400 Meter Dash (8)****Thursday 5/23/2019 - 6:50 PM****New Record: 49.34 5/25/2017 Joel Woja**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Mogren, Jack	11	Mahtomedi	56.44
2	Latvis, Cameron	10	Henry Sibley	53.90
3	O'Neil, Grady	9	St Thomas Ac	53.68
4	Huntington, Isaac	11	Hastings	51.33
5	Morris, Brandon	10	Henry Sibley	53.54
6	Thurlow, Thomas	12	St Thomas Ac	53.82
7	Blasena, David	12	Mahtomedi	54.51
8	Dalmas, Logan	11	Hastings	56.76

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**Event 17 Girls 300 Meter Hurdles (8)****Thursday 5/23/2019 - 7:00 PM****New Record: 47.05 5/26/2016 Nicole Hemstad**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Overvig, Annika	10	Henry Sibley	53.59
2	Hughes, Rachel	11	Hastings	52.22
3	Krawczyk, Kylie	12	Mahtomedi	50.25
4	Schafhauser, Anna	9	Hill-Murray	49.42
5	Froeming, Leanna	9	South St. Pa	49.70
6	Bastiaens, Katja	12	Mahtomedi	52.12
7	Blaney, Bridget	10	Hill-Murray	52.84
8	Green, Ariana	11	Hastings	53.68

**Event 18 Boys 300 Meter Hurdles (8)****Thursday 5/23/2019 - 7:10 PM****New Record: 39.28 5/24/2016 Clayton Johnson**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Wilebski-Hendrickson, Tyler	11	South St. Pa	45.06
2	Kendall, Paul	12	Hastings	44.53
3	Johnson, Evan	11	Mahtomedi	43.30
4	Sirek, Gabe	11	St Thomas Ac	42.00
5	Gonzalez, Marco	12	South St. Pa	42.50
6	Adebayo, Hope	11	Simley	43.93
7	McKeown, Kole	9	Mahtomedi	44.82
8	Smith, Jamie	10	St Thomas Ac	45.59

**Event 19 Girls 800 Meter Run (12)****Thursday 5/23/2019 - 7:15 PM****New Record: 2:20.91 5/26/2016 Paige Cater**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1A	Nelson, Emmeline	11	Mahtomedi	2:34.63
1B	Lenarz, Bauston	12	South St. Pa	2:35.12
1C	Kapfer, Kaia	10	Mahtomedi	2:41.63
2A	Rosga, Jaylen	9	Henry Sibley	2:32.56
2B	Franco-Omana, Francisca	10	Henry Sibley	2:35.11
2C	Birkeland, Giorgia	11	Mahtomedi	2:38.10
3A	Brenard, Breanna	8	South St. Pa	2:32.60
3B	Raab, Emma	11	Simley	2:37.38
3C	Hassing, Sydney	12	Simley	2:39.64
4A	Daley, Avery	10	Hastings	2:36.50
4B	Biscoe, Emily	11	Hastings	2:36.09
4C	Laska, Brooke	10	Tartan	2:43.44

**Event 20 Boys 800 Meter Run (12)****Thursday 5/23/2019 - 7:25 PM****New Record: 1:57.84 5/24/2018 Isaac Huntington**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1A	Thurlow, Thomas	12	St Thomas Ac	2:09.70
1B	Rodriguez, Luis Ronaldo	11	South St. Pa	2:10.85
1C	Diesslin, Dave	11	North HS	2:13.67
2A	Alton, Brad	12	Henry Sibley	2:07.84
2B	Doran, P.J.	12	St Thomas Ac	2:10.47
2C	Giese, Charlie	10	Simley	2:11.87
3A	Youngstrom, Jakub	11	Hastings	2:07.87
3B	Viggiano, Luigi	12	Mahtomedi	2:10.96
3C	Strohoffer, Carl	9	Henry Sibley	2:12.50
4A	Brown, Daniel	11	Hastings	2:09.83
4B	Stoltz, Kyle	10	Hastings	2:11.64
4C	McLachlan, James	12	Mahtomedi	2:15.61

**Event 21 Girls 200 Meter Dash (8)****Thursday 5/23/2019 - 7:40 PM****New Record: 25.22 5/24/2018 Shalicia Jones**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Gurley, Shamara	9	Henry Sibley	28.19
2	Roberts, Aurora	11	Tartan	27.37
3	Stellmach, Sarah	11	Mahtomedi	27.07
4	Jones, Shalicia	11	North HS	26.53
5	Jackson, Aliah	11	Simley	26.70
6	Ekereke, Kendra	12	Tartan	26.97
7	Boughton, Zoe	10	Simley	27.80
8	Anderson, Rachel	11	Simley	28.48

**Event 22 Boys 200 Meter Dash (8)****Thursday 5/23/2019 - 7:45 PM****New Record: 21.88 5/21/2015 Akeem Sirleaf**

Lane	Name	Yr	School	Prelims
<b>Section 1 of 1 Finals</b>				
1	Twyman, Mekeil	12	North HS	24.38
2	O'Neil, Grady	9	St Thomas Ac	23.73
3	Hurley, Gianni	9	Hill-Murray	23.91
4	Huntington, Isaac	11	Hastings	23.41
5	Monack, Alex	12	South St. Pa	23.63
6	Halatsis, Alexander	11	Mahtomedi	24.13
7	Thomas, Amar	12	Hastings	24.06
8	Fosdick, Ian	12	Mahtomedi	24.39

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**Event 23 Girls 4x400 Meter Relay (8)****Thursday 5/23/2019 - 8:10 PM****New Record: 4:01.36 5/25/2017 Hill-Murray****A Ayd, E Haugh, V Schram, S Arradondo**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Tartan		4:47.89
	1) Forsman, Amelia 10	2) Kohel, Megan 12	
	3) Vruno, Alec 9	4) Adekanmi, Goodness 12	
2	Mahtomedi		4:27.62
	1) Kroschel, Karla 11	2) McCormick, Grace 12	
	3) Smith, Meghan 12	4) Fischer, Makayla 9	
3	Hill-Murray		4:23.15
	1) Brown, Corrine 11	2) Schafhauser, Anna 9	
	3) Bloemendal, Maria 11	4) Ayd, Anna 12	
4	South St. Pa		4:20.56
	1) Jugovich, Jessica 12	2) Lenarz, Bauston 12	
	3) Froeming, Leanna 9	4) Laska, Tessa 12	
5	Hastings		4:21.16
	1) Atkins, Elise 7	2) Urban, Linnea 10	
	3) Larcholey, Liberty 11	4) Brake, Mallory 12	
6	Henry Sibley		4:26.38
	1) Anderson, Caroline 10	2) Rosga, Jaylen 9	
	3) Rajput, Leila 12	4) Dill, Rose 12	
7	Simley		4:32.20
	1) Loomis, Alexandra 9	2) Jessen, Amelia 9	
	3) Pedersen, Haley 12	4) Thoemke, Clara 9	
8	North HS		4:48.44
	1) Anigbogu, Colette 11	2) Masterson, Emily 12	
	3) Empting, Nicki 11	4) Semlak, Hannah 12	

**Event 24 Boys 4x400 Meter Relay (8)****Thursday 5/23/2019 - 8:20 PM****New Record: 3:25.97 5/26/2016 Hastings****K Gudmunson, K O'Brien, J Brown, C Johnson**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	St Thomas Ac		3:44.99
	1) Sirek, Gabe 11	2) Smit, Caleb 10	
	3) Adams, Alex 11	4) Yosef, Abraham 11	
2	Tartan		3:44.33
	1) Krummel, Matthew 10	2) Weems, M'Akil 12	
	3) Latterell, Aidan 10	4) Kolberg, Kase 12	
3	Henry Sibley		3:36.67
	1) Clem, Grady 12	2) Alton, Brad 12	
	3) Latvis, Cameron 10	4) Morris, Brandon 10	
4	South St. Pa		3:31.63
	1) Wilebski-Hendrickson, Tyler 11	2) Gonzalez, Marco 12	
	3) Monack, Alex 12	4) Burciaga, William 11	
5	Hastings		3:34.78
	1) Dalmas, Logan 11	2) Kullmann, Noah 12	
	3) Brown, Daniel 11	4) Huntington, Isaac 11	
6	Mahtomedi		3:42.26
	1) Blasena, David 12	2) Viggiano, Luigi 12	
	3) Newman, Joseph 12	4) McLachlan, James 12	
7	North HS		3:44.77
	1) Jenkins, TyJon 9	2) Almeida, Anthony 11	
	3) Nguyen, Bao-Phong 11	4) Diesslin, Dave 11	
8	Simley		NT
	1) Bigabwa, Byamun 11	2) Stinnett, Blake 8	
	3) Sok, Justin 11	4) Harmon, Tay 9	

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**Event 26 Boys High Jump (23)****Thursday 5/23/2019 - 3:00 PM****New Record: 6-05 5/25/2017 Parker Fox**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Bakko, Tucker	9	St Thomas Ac		5-00.00
2	Harmon, Tre	9	Simley		5-02.00
3	Grissom, Tyion	9	Tartan		5-02.00
4	McFadden, Kyle	11	Hill-Murray		5-04.00
5	Hassing, Connor	10	Simley		5-04.00
6	Fedie, Dominic	11	Mahtomedi		5-04.00
7	Offstein, Ryan	10	Hill-Murray		5-04.00
8	Bakken, John	10	South St. Pa		5-06.00
9	Splinter, Kyle	12	North HS		5-06.00
10	Harmon, Tay	9	Simley		5-06.00
11	Rabaey, Isaac	12	Hastings		5-06.00
12	Thayer, Benjamin	11	Mahtomedi		5-06.00
13	Millington, Ryan	11	Mahtomedi		5-08.00
14	Witzany, Robert	11	Hill-Murray		5-08.00
15	Weems, M'Akil	12	Tartan		5-08.00
16	Twyman, Mekeil	12	North HS		5-08.00
17	Goaley, Tate	9	St Thomas Ac		5-08.00
18	Thurlow, Thomas	12	St Thomas Ac		5-08.00
19	Graham, AJ	10	Henry Sibley		5-10.00
20	Monack, Alex	12	South St. Pa		6-00.00
21	Warfa, Hamse	11	Henry Sibley		6-00.00
22	Toure, Malik	12	North HS		6-02.00
23	Clem, Grady	12	Henry Sibley		6-04.00

**Event 30 Boys Long Jump (27)****Top 9 Advance by Mark****Thursday 5/23/2019 - 3:00 PM****New Record: 21-10.50 5/21/2015 Akeem Sirleaf**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 3 Prelims</b>					
1	Stinnett, Blake	8	Simley		16-06.00
2	Christoffersen, Quinn	10	South St. Pa		16-11.00
3	Bergthold, Chris	11	North HS		16-11.00
4	Meyer, William	9	Hastings		17-01.00
5	Moindi, Enock	10	Henry Sibley		17-01.50
6	Troje, Jacob	10	Tartan		17-03.00
7	Kelley, Patrick	12	South St. Pa		17-05.50
8	Harmon, Tre	9	Simley		17-07.00
9	Wilebski-Hendrickson, Tyler	11	South St. Pa		17-09.25
<b>Flight 2 of 3 Prelims</b>					
1	Johnson, William	11	Hastings		17-09.50
2	Spinks, Nicholas	12	Tartan		17-10.50
3	O'Neil, Grady	9	St Thomas Ac		18-00.50
4	Bigabwa, Byamun	11	Simley		18-02.00
5	Batica, Evan	11	North HS		18-02.00
6	Kullmann, Noah	12	Hastings		18-03.00
7	Blasena, David	12	Mahtomedi		18-06.50
8	Deyak, Joe	11	St Thomas Ac		18-07.75
9	Larson, Jake	9	Mahtomedi		18-08.00

**Flight 3 of 3 Prelims**

1	McKinley, Rashad	9	Hill-Murray		18-08.50
2	Weems, M'Akil	12	Tartan		19-02.00
3	Phillips, Joey	10	Henry Sibley		19-08.00
4	Betts, Stephen	11	St Thomas Ac		20-00.00
5	Adkins, Brian	11	Hill-Murray		20-00.75
6	Witzany, Robert	11	Hill-Murray		20-01.50
7	Latvis, Cameron	10	Henry Sibley		20-06.25
8	Toure, Malik	12	North HS		21-02.75
9	Fosdick, Ian	12	Mahtomedi		22-00.50

**Event 34 Boys Discus Throw (26)****Top 9 Advance by Mark****Thursday 5/23/2019 - 3:00 PM****New Record: 189-00 5/25/2017 Jake Kubiatorowicz**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 3 Prelims</b>					
1	Heyer, Lucas	9	Hill-Murray		85-00
2	Powe, Devin	10	Tartan		87-06
3	Trouten, Rylan	12	South St. Pa		87-09
4	Heinrichs, Elliot	10	Hill-Murray		91-01
5	Viner, Carter	11	South St. Pa		93-11
6	Spychalla, Marshall	10	Simley		94-06
7	Koeneman, Luke	11	Mahtomedi		101-10
8	Marlowe, Jason	10	Simley		107-00
<b>Flight 2 of 3 Prelims</b>					
1	Young, Shaquille	12	Tartan		109-08
2	Nulty, Jack	12	Henry Sibley		111-02.25
3	Moder, Everitt	11	North HS		112-08
4	Mensen, Joe	10	Hill-Murray		113-03
5	Thor, Marshall	9	North HS		114-03
6	Delmont, Gabe	12	Henry Sibley		116-00
7	Touray, Al-Ghazaali	12	Mahtomedi		116-04
8	Anderson, Aric	12	Mahtomedi		106-05
9	Foster, Darien	11	South St. Pa		116-07
<b>Flight 3 of 3 Prelims</b>					
1	Ayd, Joe	12	Henry Sibley		117-09
2	Horst, Jack	12	St Thomas Ac		118-02
3	Knoll, Lucas	10	Hastings		118-03
4	Bluhm, Sully	11	St Thomas Ac		120-05
5	Rabaey, Isaac	12	Hastings		120-07
6	Reppenhagen, Ben	11	St Thomas Ac		122-06
7	Tabor, Bennett	10	Simley		127-08
8	Feist, Cade	11	North HS		130-06
9	Levos, Sullivan	12	Hastings		139-05

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**Event 27 Girls Pole Vault (14)****Thursday 5/23/2019 - 3:00 PM****New Record: 11-06 5/26/2016 Kally Kolbeck**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>					
1	Pawlenty, Margaret	9	Tartan		5-06.00
2	Carrol, Laurren	9	North HS		6-00.00
3	Ryan, Kate	11	Mahtomedi		7-00.00
4	Johnson, Ava	8	Hill-Murray		7-00.00
5	Prokosch, Grace	12	Hill-Murray		7-00.00
6	Davis, Naomi	11	Tartan		7-00.00
7	Aurelius, Andrieana	11	Tartan		7-06.00
8	Greeder, Caylee	11	Mahtomedi		7-06.00
9	Frattalone, Isabella	11	Mahtomedi		7-06.00
10	Deshler, Lara	9	Hastings		8-00.00
11	Offstein, Kaela	12	Hill-Murray		8-00.00
12	Gathright, Carolina	10	Hastings		8-06.00
13	Zoya, Lucita	9	North HS		9-00.00
14	Vaughan, Molly	10	Hastings		10-00.00

**Event 31 Girls Triple Jump (24)****Top 9 Advance by Mark****Thursday 5/23/2019 - 3:00 PM****New Record: 36-09.50 5/25/2017 Kylie Krawczyk**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 3 Prelims</b>					
1	Star, Laura	11	North HS		26-08.00
2	Grathen, Sawyer	12	Simley		27-05.00
3	Spurgeon, Kallista	12	Hastings		27-09.50
4	Nath, Fiona	12	Hill-Murray		28-01.00
5	Salazar, Amanda	12	South St. Pa		28-03.00
6	Hinrichs, Lauren	12	Hill-Murray		28-04.25
7	Bacon, Ericka	12	Simley		29-03.00
8	Peterson, Hannah	12	Hastings		29-04.00
<b>Flight 2 of 3 Prelims</b>					
1	Abdi, Yasmiin	9	Tartan		29-07.00
2	Gustafson, Clarice	10	South St. Pa		29-09.50
3	Rolland, Olivia	11	North HS		29-10.00
4	Johanson, Glory	7	South St. Pa		29-10.00
5	Omoyeni, Ajibola	10	Hill-Murray		30-02.00
6	Semlak, Hannah	12	North HS		30-08.00
7	Hughes, Rachel	11	Hastings		31-02.25
8	Overvig, Annika	10	Henry Sibley		31-06.25
<b>Flight 3 of 3 Prelims</b>					
1	Tabaka, Jillian	9	Tartan		31-10.50
2	Thoemke, Clara	9	Simley		32-00.00
3	Ong, Jackelyn	9	Mahtomedi		33-07.00
4	Greeder, Caylee	11	Mahtomedi		33-10.00
5	Dupont, Clara	11	Henry Sibley		33-11.00
6	Ekereke, Kendra	12	Tartan		34-00.00
7	Krawczyk, Kylie	12	Mahtomedi		34-08.50
8	Gurley, Aaliyah	11	Henry Sibley		34-09.50

**Event 35 Girls Shot Put (24)****Top 9 Advance by Mark****Thursday 5/23/2019 - 3:00 PM****New Record: 39-05 5/26/2016 Hannah Gustafson**

Pos	Name	Yr	School	Seed	Mark
<b>Flight 1 of 3 Prelims</b>					
1	Boatman, Sienna	11	South St. Pa		20-08.00
2	Casseday, Kjersten	11	Tartan		23-02.00
3	vanNatta, Katy	12	Henry Sibley		23-09.75
4	Miller, Meaghan	8	South St. Pa		24-03.00
5	Adebayo, Zainab	9	Simley		24-05.50
6	Prokosch, Grace	12	Hill-Murray		25-02.00
7	Deal, Rheanna	12	Simley		25-09.50
8	Omoyeni, Olasubomi	11	Hill-Murray		25-11.00
<b>Flight 2 of 3 Prelims</b>					
1	Brazil, Cecelia	9	Tartan		26-02.50
2	Brings, Amanda	8	South St. Pa		28-01.00
3	Johnson, Aaliyah	10	Henry Sibley		28-03.00
4	Quale, Alisa	10	North HS		28-03.00
5	Rausch, Madelynn	12	Hill-Murray		28-08.00
6	Bakken, Evelyn	12	Tartan		28-09.50
7	Ellsworth, Victoria	10	Hastings		29-11.00
8	Flor, Jayda	12	North HS		30-04.00
<b>Flight 3 of 3 Prelims</b>					
1	Tietjen, Megan	12	Hastings		31-00.00
2	Filhart, Ruby	12	Henry Sibley		31-00.75
3	Ngunu, Nkobwa	9	Mahtomedi		31-08.00
4	Irsfeld, Peyton	11	Mahtomedi		32-00.00
5	Khang, Lindsey	11	North HS		32-08.00
6	Davison, Jessica	12	Hastings		32-10.50
7	Brown, Abigail	10	Mahtomedi		33-03.00
8	Hepper, Abby	10	Simley		36-04.00