

Metro East Conference Championships - 5/21/2019 to 5/23/2019

Simley High School Stadium

Meet Program

Event 1 Girls 4x800 Meter Relay (6)

Thursday 5/23/2019 - 4:30 PM

New Record: 9:42.54 5/26/2016 Henry Sibley

E Whitcomb, O Segura, L Fisher, R Dill

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
2	Simley		11:15.97
	1) Hassing, Sydney 12	2) Jessen, Amelia 9	
	3) Raab, Emma 11	4) Bonilla-Rios, Crystal 9	
3	Mahtomedi		10:14.23
	1) Fischer, Makayla 9	2) Birkeland, Giorgia 11	
	3) Kapfer, Kaia 10	4) Nelson, Emmeline 11	
4	Henry Sibley		9:55.94
	1) Franco-Omana, Francisca 10	2) Tuvey, Amanda 11	
	3) Rosga, Jaylen 9	4) Dill, Rose 12	
5	South St. Pa		10:09.54
	1) Jugovich, Jessica 12	2) Lenarz, Bauston 12	
	3) Bernard, Breanna 8	4) Laska, Tessa 12	
6	Hastings		10:19.47
	1) Atkins, Elise 7	2) Hanson, Linnea 10	
	3) Biscoe, Emily 11	4) Daley, Avery 10	
7	Tartan		11:23.73
	1) Draves, Gretchen 9	2) Laska, Brooke 10	
	3) Kohel, Megan 12	4) Forsman, Amelia 10	

Event 2 Boys 4x800 Meter Relay (8)

Thursday 5/23/2019 - 4:45 PM

New Record: 8:14.22 5/26/2016 Hastings

M Minnick, K Gudmunson, G Myers, J Brown

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	South St. Pa		9:22.59
	1) Ortiz, Angel 11	2) Delfino, Antonio 11	
	3) Cuate roldan, Uriel 10	4) Standley, Zach 12	
2	North HS		9:12.21
	1) Jenkins, TyJon 9	2) Almeida, Anthony 11	
	3) Anacleto, Dylan 11	4) Yang, Lucas 10	
3	Mahtomedi		8:47.05
	1) Jurney, Alexander 12	2) McLachlan, James 12	
	3) Viggiano, Luigi 12	4) Newman, Joseph 12	
4	Hastings		8:40.00
	1) Myers, Matt 12	2) Brenny, Christian 11	
	3) Stoltz, Kyle 10	4) Kendall, Paul 12	
5	Henry Sibley		8:40.70
	1) Challifour, Bennett 11	2) Stroffoffer, Carl 9	
	3) McFaul, Alexander 10	4) Alton, Brad 12	
6	St Thomas Ac		9:04.03
	1) Adams, Thomas 9	2) Thurlow, Andrew 10	
	3) Motzel, Joey 12	4) Doran, P.J. 12	
7	Tartan		9:20.11
	1) Wertzler, Peter 11	2) Hughes, Ethan 11	
	3) Latterell, Aidan 10	4) Piepgras, Henry 10	
8	Simley		9:49.45
	1) Anaya, Alex 8	2) Anderson, Ian 10	
	3) Scheffer, Jacob 9	4) Streich, Caleb 9	

Event 3 Girls 3200 Meter Run (17)

Tuesday 5/21/2019 - 6:50 PM

New Record: 11:07.34 5/24/2016 Star Costa

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Dill, Rose	12	Henry Sibley	11:44.33
2	Anaya, Sarah	12	Simley	11:56.39
3	Urban, Linnea	10	Hastings	12:24.23
4	Tuvey, Amanda	11	Henry Sibley	12:31.55
5	Whiterabbit, Lauren	10	Mahtomedi	12:51.14
6	Gonsalez, Nicole	9	Henry Sibley	12:52.26
7	Kelly, Amanda	11	South St. Pa	13:10.06
8	Hanson, Linnea	10	Hastings	13:24.78
9	Kelly, Nicole	10	South St. Pa	13:38.97
10	Kapun, Arlie	9	Tartan	13:50.71
11	Tarnowski, Maya	9	Mahtomedi	14:11.07
12	Cleary, Emma-Grace	12	Simley	14:22.55
13	Erickson, Brooke	10	Hastings	14:33.44
14	Johnson, Lauren	10	Mahtomedi	14:36.41
15	Northouse, Jessica	12	Tartan	15:57.45
16	Kelly, Jessica	7	South St. Pa	NT
17	Tellez, Brenda	9	Simley	NT

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Event 4 Boys 3200 Meter Run (23)**Tuesday 5/21/2019 - 7:15 PM****New Record: 9:26.13 5/22/2018 Myles Fleming**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Kolar, Luke	12	St Thomas Ac	10:04.97
2	Herchbach, Magnus	9	Henry Sibley	10:25.04
3	Krummel, Matthew	10	Tartan	10:33.28
4	Kinzley, Padon	9	St Thomas Ac	10:40.00
5	Challifour, Bennett	11	Henry Sibley	10:43.54
6	McFaul, Xander	9	Henry Sibley	10:43.79
7	Harris, Luke	11	Hastings	10:49.48
8	Smith, Alexander	9	Hastings	10:54.13
9	Lawder, Teddy	10	St Thomas Ac	10:56.49
10	Holton, Nicholas	8	Tartan	10:57.36
11	Myers, Nolan	10	Hastings	11:02.84
12	Hansen, Evan	9	South St. Pa	11:03.31
13	Barr, Ethan	11	Mahtomedi	11:07.00
14	Yang, Lucas	10	North HS	11:14.38
15	Alvear, Gabe	10	Simley	11:16.61
16	Lundsten, Benjamin	12	Mahtomedi	11:28.24
17	Holslin, Aaron	12	Mahtomedi	11:30.07
18	Winslow Brewer, Eli	11	South St. Pa	11:31.37
19	Piegras, Henry	10	Tartan	11:33.30
20	Bade, Sam	12	South St. Pa	11:42.89
21	Cleary, Hank	10	Simley	11:46.13
22	Scheffer, Jacob	9	Simley	12:01.06
23	Albrecht, Cody	11	North HS	12:13.36

Event 5 Girls 100 Meter Hurdles (19)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Tuesday 5/21/2019 - 4:30 PM****New Record: 15.74 5/23/2017 Kylie Krawczyk**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Aurelius, Andriana	11	Tartan	19.61
3	Blaney, Bridget	10	Hill-Murray	18.47
4	Schafhauser, Anna	9	Hill-Murray	17.28
5	Smith, Abigail	11	Mahtomedi	17.45
6	Rud, Ellie	10	Simley	18.52
7	Pelava, Taylor	9	Hastings	20.30
Heat 2 of 3 Prelims				
2	Hassan, Najwa	9	North HS	19.50
3	Overvig, Annika	10	Henry Sibley	18.37
4	Ardito, Anna	12	Mahtomedi	16.69
5	Green, Ariana	11	Hastings	17.94
6	Storm, Jerryyn	11	Simley	18.80
7	Florance, Karissa	9	South St. Pa	20.79

Heat 3 of 3 Prelims

1	Oluwa, Rukayat	12	Tartan	21.28
2	Ward, Skyla	9	Simley	19.45
3	Hughes, Rachel	11	Hastings	18.23
4	Krawczyk, Kylie	12	Mahtomedi	16.18
5	Schuh, Olivia	9	South St. Pa	18.18
6	York, Abby	10	North HS	19.01
7	Jeffrey, Molly	7	South St. Pa	21.06

Event 6 Boys 110 Meter Hurdles (20)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Tuesday 5/21/2019 - 4:40 PM****New Record: 15.01 5/19/2015 Ted Frid**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Baker, Grant	11	South St. Pa	18.44
3	Stone, Jake	12	North HS	17.88
4	Johnson, Evan	11	Mahtomedi	16.89
5	Keumogne, Randy	11	Tartan	16.97
6	McCollum, Morris	12	North HS	17.90
7	Santiago-Castillo, Yasiel	11	Henry Sibley	19.26
Heat 2 of 3 Prelims				
1	Warren, Maceo	10	South St. Pa	21.62
2	Fedie, Dominic	11	Mahtomedi	18.39
3	Julio-Argel, Jorge	10	Tartan	17.68
4	Splinter, Kyle	12	North HS	16.77
5	Sirek, Gabe	11	St Thomas Ac	17.06
6	Williams, Naeem	12	Mahtomedi	17.94
7	Canada, Dennis	11	Henry Sibley	19.44
Heat 3 of 3 Prelims				
1	Weeks, Austin	12	Hastings	20.46
2	Betts, Stephen	11	St Thomas Ac	18.19
3	Johnson, William	11	Hastings	17.39
4	Adebayo, Hope	11	Simley	15.77
5	Nickson, Steven	11	Henry Sibley	17.08
6	McFadden, Kyle	11	Hill-Murray	18.12
7	Carda, Matthew	9	Hastings	20.20
Event 7 Girls 100 Meter Dash (24)				
8 Advance: Top 1 Each Heat plus Next 5 Best Times				
Tuesday 5/21/2019 - 4:50 PM				
New Record: 12.23 5/22/2018 Shalicia Jones				
Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Rohrer, Ella	9	South St. Pa	14.28
2	Kennedy, Madison	9	Hastings	13.70
3	Rome, Ahmira	9	Tartan	13.23
4	Horton, Tamia	9	North HS	12.78
5	Ekereke, Kendra	12	Tartan	12.90
6	Holst, Anna	9	Mahtomedi	13.36
7	Carlson, Kate	10	Simley	13.71
8	Haugh, Megan	10	Hill-Murray	14.28

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Heat 2 of 3 Prelims...(Event 7 Girls 100 Meter Dash (24))

1	Young, Erin	9	Tartan	14.07
2	vanNatta, Katy	12	Henry Sibley	13.70
3	Wilkerson, Tayghan	8	Hastings	13.16
4	Jackson, Aliah	11	Simley	12.61
5	Stellmach, Sarah	11	Mahtomedi	13.03
6	Livingston, Paige	12	North HS	13.55
7	Howard, A'Kyla	10	Henry Sibley	13.77
8	Fischbach, Brooklyn	10	South St. Pa	14.30

Heat 3 of 3 Prelims

1	McCoy, Taylor	9	Hastings	14.04
2	Gustafson, Clarice	10	South St. Pa	13.65
3	Bloemendal, Maria	11	Hill-Murray	13.13
4	Jones, Shaliciah	11	North HS	11.90
5	Boughton, Zoe	10	Simley	13.10
6	Gurley, Shamara	9	Henry Sibley	13.60
7	Ryan, Kate	11	Mahtomedi	13.86
8	Pearson, Claire	10	Hill-Murray	14.40

Event 8 Boys 100 Meter Dash (27)**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Tuesday 5/21/2019 - 4:55 PM****New Record: 10.78 5/19/2015 Akeem Sirleaf**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Zak, Colby	11	Hastings	12.22
3	Frederick, Alec	12	Simley	11.86
4	Twyman, Mekeil	12	North HS	11.68
5	Leeth, James	12	North HS	11.70
6	Gannon, Riley	12	Hill-Murray	11.92
7	Campbell, Austin	9	Mahtomedi	12.40

Heat 2 of 4 Prelims

1	Hogan, Benjamin	11	Mahtomedi	NT
2	Griffin, John	11	St Thomas Ac	12.22
3	Kritsberg, Ben	9	Henry Sibley	11.83
4	Burciaga, William	11	South St. Pa	11.55
5	Grissom, Tyion	9	Tartan	11.70
6	Coleman, Elijah	10	Tartan	11.93
7	Urena, Diego	10	Henry Sibley	12.49

Heat 3 of 4 Prelims

1	Allaire, George	12	Simley	12.87
2	Halverson, Brett	9	Hastings	12.20
3	Kuchemeister, Jack	12	North HS	11.81
4	Dang, Tien	11	Tartan	11.50
5	Thomas, Amar	12	Hastings	11.76
6	Hurley, Vincent	12	Hill-Murray	11.96
7	Makar, Marcelino	10	Simley	12.69

Heat 4 of 4 Prelims

1	Burns, Josh	11	Henry Sibley	12.83
2	Tuttle, Tristan	11	Mahtomedi	12.20
3	Christoffersen, Quinn	10	South St. Pa	11.80
4	McKinley, Rashad	9	Hill-Murray	11.46
5	Deyak, Joe	11	St Thomas Ac	11.77
6	O'Keefe, Patrick	11	St Thomas Ac	12.07
7	Thompson, Desean	11	South St. Pa	12.70

Event 9 Girls 4x200 Meter Relay (8)**Thursday 5/23/2019 - 5:40 PM****New Record: 1:44.80 5/21/2015 South St. Paul****S Veldman, H Marion, C Dust, R Veldman**

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Hastings	1:53.50
1) Kennedy, Madison 9	2) Dahler, Courtney 10	
3) Hayes, Lillian 9	4) Molitor, Samantha 9	
2	Mahtomedi	1:53.30
1) Kroschel, Karla 11	2) Holst, Anna 9	
3) Greeder, Caylee 11	4) McCormick, Grace 12	
3	South St. Pa	1:49.66
1) Jugovich, Jessica 12	2) Froeming, Leanna 9	
3) Ogren, Gabriella 8	4) Lehmann, Clair 12	
4	North HS	1:49.33
1) Anigbogu, Colette 11	2) Pedersen, Hayley 12	
3) Parsons, Brianna 11	4) Horton, Tamia 9	
5	Hill-Murray	1:49.51
1) Brown, Corrine 11	2) Stone, Sydney 11	
3) Bloemendal, Maria 11	4) Ayd, Anna 12	
6	Tartan	1:50.03
1) Ekereke, Kendra 12	2) Rome, Ahmira 9	
3) Jones, Madison 10	4) Roberts, Aurora 11	
7	Simley	1:53.32
1) Thoemke, Clara 9	2) Rud, Ellie 10	
3) Matthews, Lucy 11	4) Anderson, Rachel 11	
8	Henry Sibley	1:55.00
1) Anderson, Caroline 10	2) vanNatta, Katy 12	
3) Dupont, Clara 11	4) Oliva, Valencia 8	

Event 10 Boys 4x200 Meter Relay (9)**Thursday 5/23/2019 - 5:45 PM****New Record: 1:30.90 5/26/2016 Simley****A Johnson, D Richards, J Woja, K Wilson**

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

3	St Thomas Ac	1:45.27
1) Yosef, Abraham 11	2) Griffin, John 11	
3) Melendez, Jose 11	4) Smith, Jamie 10	
4	Tartan	1:37.37
1) Odeku, John 12	2) Coleman, Elijah 10	
3) Julio-Argel, Jorge 10	4) Kolberg, Kase 12	
5	Simley	1:42.62
1) Franklin, Jamonte 11	2) Moore, Eric 12	
3) Diaz, Zeke 12	4) Allaire, George 12	

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Section 2 of 2 Finals...(Event 10 Boys 4x200 Meter Relay (9))

2	Hill-Murray	1:36.77
	1) Witzany, Robert 11	2) Mendez, Matias 11
	3) Hurley, Vincent 12	4) Hurley, Gianni 9
3	Henry Sibley	1:35.60
	1) Richardson, Shawn 10	2) Clem, Grady 12
	3) Latvis, Cameron 10	4) Morris, Brandon 10
4	Mahtomedi	1:31.61
	1) Fosdick, Ian 12	2) Halatsis, Alexander 11
	3) Johnson, Evan 11	4) Blasena, David 12
5	South St. Pa	1:33.10
	1) Wilebski-Hendrickson, Tyler 11	2) Gonzalez, Marco 12
	3) Monack, Alex 12	4) Burciaga, William 11
6	Hastings	1:36.04
	1) Kullmann, Noah 12	2) DuRand, Beau 11
	3) Zak, Colby 11	4) Thomas, Amar 12
7	North HS	1:37.08
	1) Kuchemeister, Jack 12	2) Rodriguez, Dale 11
	3) Sullivan, Grant 12	4) Leeth, James 12

Event 11 Girls 1600 Meter Run (22)

Thursday 5/23/2019 - 6:00 PM

New Record: 5:14.80 5/26/2016 Star Costa

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Fuerst, Rae	8	Hill-Murray	6:17.85
2	Tellez, Brenda	9	Simley	6:17.88
3	Kapun, Arlie	9	Tartan	6:19.72
4	Torenvliet, Alyne	11	Mahtomedi	6:19.81
5	Smith, Kate	10	Hill-Murray	6:21.40
6	Kavanagh, Abaigeal	7	Hill-Murray	6:22.00
7	Siebenaler, Abby	12	Hastings	6:32.00
8	Staken, Emily	12	North HS	6:33.21
9	Kelly, Ella	9	Hastings	6:33.37
10	Cleary, Emma-Grace	12	Simley	6:37.48
11	Gullickson, Aselya	9	South St. Pa	6:58.24
12	Adekanmi, Goodness	12	Tartan	6:58.48
13	Northouse, Jessica	12	Tartan	NT

Section 2 of 2 Finals

1	Anaya, Sarah	12	Simley	5:32.98
2	Urban, Linnea	10	Hastings	5:33.16
3	Fischer, Makayla	9	Mahtomedi	5:42.23
4	Segura, Olivia	12	Henry Sibley	5:45.00
5	Gonsalez, Nicole	9	Henry Sibley	5:47.00
6	Whiterabbit, Lauren	10	Mahtomedi	5:49.10
7	Fleming, Clare	9	Henry Sibley	5:52.50
8	Kelly, Nicole	10	South St. Pa	5:53.55
9	Kelly, Amanda	11	South St. Pa	5:57.33

Event 12 Boys 1600 Meter Run (26)

Thursday 5/23/2019 - 6:10 PM

New Record: 4:23.84 5/24/2018 Myles Fleming

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Johnson, Alexander	9	Tartan	5:09.66
2	Weber-Rolfes, Payton	12	Henry Sibley	5:09.67
3	Murphy, Kevin	10	St Thomas Ac	5:10.42
4	Hansen, Evan	9	South St. Pa	5:10.83
5	Conners, Nolan	9	Hill-Murray	5:12.13
6	Holslin, Aaron	12	Mahtomedi	5:16.02
7	Granec, Lucas	9	Mahtomedi	5:16.71
8	Alvear, Gabe	10	Simley	5:20.30
9	(Tre) Montague, James	10	Hill-Murray	5:23.41
10	Cleary, Hank	10	Simley	5:25.34
11	Cremer, Moritz	11	North HS	5:35.11
12	Bollman, Carter	11	Simley	5:37.73
13	Lam, Reyna	12	North HS	5:38.33
14	Holm, Gaberik	9	North HS	5:42.22
Section 2 of 2 Finals				
1	Kolar, Luke	12	St Thomas Ac	4:33.20
2	Youngstrom, Jakub	11	Hastings	4:40.67
3	Herchbach, Magnus	9	Henry Sibley	4:47.01
4	Kinzley, Padon	9	St Thomas Ac	4:49.55
5	Krummel, Matthew	10	Tartan	4:50.71
6	Barr, Ethan	11	Mahtomedi	4:50.78
7	Myers, Nolan	10	Hastings	4:53.10
8	Lehmann, Sam	12	South St. Pa	4:55.94
9	Harris, Luke	11	Hastings	4:58.21
10	Bakken, Daniel	10	South St. Pa	5:07.16
11	Holton, Nicholas	8	Tartan	5:07.55
12	Chandler, Thomas	10	Henry Sibley	5:08.85

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Event 13 Girls 4x100 Meter Relay (8)**Thursday 5/23/2019 - 6:30 PM****New Record: 48.80 5/25/2017 North St. Paul****A Pratt, T Horton, J Cooke, J Cager**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Mahtomedi		54.16
	1) Granec, Halley 11	2) Ryan, Kate 11	
	3) Frattalone, Isabella 11	4) Greeder, Caylee 11	
2	Hastings		53.67
	1) McCoy, Taylor 9	2) Kennedy, Madison 9	
	3) Marthaler, Hannah 9	4) Wilkerson, Tayghan 8	
3	South St. Pa		51.39
	1) Rohrer, Ella 9	2) Lehmann, Clair 12	
	3) Rosebur, Abbigail 9	4) Gustafson, Clarice 10	
4	North HS		50.85
	1) Anigbogu, Colette 11	2) Pedersen, Hayley 12	
	3) Parsons, Brianna 11	4) Horton, Tamia 9	
5	Simley		51.03
	1) Carlson, Kate 10	2) Jackson, Aliah 11	
	3) Anderson, Rachel 11	4) Boughton, Zoe 10	
6	Tartan		53.24
	1) Tabaka, Jillian 9	2) Young, Erin 9	
	3) Jones, Madison 10	4) Oluwa, Rukayat 12	
7	Henry Sibley		53.80
	1) vanNatta, Katy 12	2) Howard, A'Kyla 10	
	3) Shenouda, Justina 12	4) Gurley, Shamara 9	
8	Hill-Murray		55.11
	1) Nath, Fiona 12	2) Omoyeni, Ajibola 10	
	3) Pearson, Claire 10	4) Haugh, Megan 10	

Event 14 Boys 4x100 Meter Relay (9)**Thursday 5/23/2019 - 6:35 PM****New Record: 43.02 5/26/2016 Mahtomedi****L Cashin, M Pirozzoli, J Frye, T Pieper**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
3	Henry Sibley		47.33
	1) Richardson, Shawn 10	2) Moindi, Enock 10	
	3) Hill, Miles 10	4) Kritsberg, Ben 9	
4	Mahtomedi		47.00
	1) Tuttle, Tristan 11	2) Campbell, Austin 9	
	3) Hogan, Benjamin 11	4) Halatsis, Alexander 11	
5	South St. Pa		47.00
	1) Thompson, Desean 11	2) Christoffersen, Quinn 10	
	3) Bakken, John 10	4) Kelley, Patrick 12	

Section 2 of 2 Finals

2	St Thomas Ac		46.55
	1) O'Neil, Grady 9	2) O'Keefe, Patrick 11	
	3) Betts, Stephen 11	4) Deyak, Joe 11	
3	Tartan		45.90
	1) Dang, Tien 11	2) Grissom, Tyion 9	
	3) Odeku, John 12	4) Keumogne, Randy 11	
4	Hill-Murray		44.89
	1) Gannon, Riley 12	2) McKinley, Rashad 9	
	3) Hurley, Vincent 12	4) Hurley, Gianni 9	
5	North HS		45.72
	1) Leeth, James 12	2) Twyman, Mekeil 12	
	3) Vang, Kyle 11	4) Kuchemeister, Jack 12	
6	Simley		46.52
	1) Frederick, Alec 12	2) Franklin, Jamonte 11	
	3) Diaz, Zeke 12	4) Sok, Justin 11	
7	Hastings		46.76
	1) DuRand, Beau 11	2) Kullmann, Noah 12	
	3) Zak, Colby 11	4) Halverson, Brett 9	

Event 15 Girls 400 Meter Dash (22)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Tuesday 5/21/2019 - 5:05 PM****New Record: 57.35 5/24/2018 Shalicia Jones**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Fleming, Clare	9	Henry Sibley	1:10.00
2	Forsman, Amelia	10	Tartan	1:08.02
3	Stone, Sydney	11	Hill-Murray	1:05.13
4	Ayd, Anna	12	Hill-Murray	1:01.41
5	Stellmach, Sarah	11	Mahtomedi	1:01.50
6	Erickson, Anna	8	South St. Pa	1:05.87
7	Rohleder, Ava	10	Henry Sibley	1:08.10
8	Pedersen, Haley	12	Simley	1:11.04
Heat 2 of 3 Prelims				
1	Vruno, Alec	9	Tartan	1:09.79
2	Loomis, Alexandra	9	Simley	1:07.56
3	Ogren, Gabrielle	8	South St. Pa	1:05.00
4	Roberts, Aurora	11	Tartan	1:01.22
5	Brake, Mallory	12	Hastings	1:02.46
6	Atkins, Elise	7	Hastings	1:05.90
7	Bradt, Hanna	10	Mahtomedi	1:08.76
Heat 3 of 3 Prelims				
1	Garcia, Kayla	7	South St. Pa	1:08.93
2	Rajput, Leila	12	Henry Sibley	1:07.31
3	Kroschel, Karla	11	Mahtomedi	1:03.31
4	Jones, Shalicia	11	North HS	57.72
5	Larcholey, Liberty	11	Hastings	1:03.24
6	Brown, Corrine	11	Hill-Murray	1:06.23
7	Jessen, Amelia	9	Simley	1:08.84

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Event 16 Boys 400 Meter Dash (24)**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Tuesday 5/21/2019 - 5:15 PM

New Record: 49.34 5/25/2017 Joel Woja

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Batica, Evan	11	North HS	58.67
2	Moindi, Enock	10	Henry Sibley	56.67
3	Newman, Joseph	12	Mahtomedi	54.51
4	Dalmas, Logan	11	Hastings	53.37
5	O'Neil, Grady	9	St Thomas Ac	53.71
6	Thompson, Desean	11	South St. Pa	54.87
7	Ranweiler, Caleb	12	Hill-Murray	57.80
8	Sullivan, Grant	12	North HS	59.33

Heat 2 of 3 Prelims

1	Bigabwa, Byamun	11	Simley	58.67
2	Weems, M'Akil	12	Tartan	56.47
3	Morris, Brandon	10	Henry Sibley	54.36
4	Thurlow, Thomas	12	St Thomas Ac	52.87
5	Blasena, David	12	Mahtomedi	53.82
6	Mogren, Jack	11	Mahtomedi	55.53
7	Kelley, Patrick	12	South St. Pa	58.18
8	Hurdt, Ryan	9	South St. Pa	1:00.97

Heat 3 of 3 Prelims

1	Bennett, Adam	12	Hill-Murray	58.43
2	Yosef, Abraham	11	St Thomas Ac	55.79
3	Latvis, Cameron	10	Henry Sibley	54.06
4	Huntington, Isaac	11	Hastings	50.91
5	Mendez, Matias	11	Hill-Murray	53.93
6	Olsen, Cameron	10	Hastings	55.56
7	Nguyen, Bao-Phong	11	North HS	58.40
8	Stinnett, Blake	8	Simley	1:02.96

Event 17 Girls 300 Meter Hurdles (17)**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Tuesday 5/21/2019 - 5:30 PM

New Record: 47.05 5/26/2016 Nicole Hemstad

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Pelava, Taylor	9	Hastings	58.34
3	Bastiaens, Katja	12	Mahtomedi	54.71
4	Krawczyk, Kylie	12	Mahtomedi	52.45
5	Ardito, Anna	12	Mahtomedi	52.65
6	Storm, Jerryyn	11	Simley	55.13
7	Ward, Skyla	9	Simley	58.78

Heat 2 of 3 Prelims

2	Aurelius, Andrieana	11	Tartan	57.41
3	Stoerzinger, Geraldine	10	Hill-Murray	54.48
4	Schafhauser, Anna	9	Hill-Murray	51.67
5	Blaney, Bridget	10	Hill-Murray	53.31
6	Rud, Ellie	10	Simley	56.04
7	Florance, Karissa	9	South St. Pa	59.90

Heat 3 of 3 Prelims

2	Green, Ariana	11	Hastings	56.76
3	Overvig, Annika	10	Henry Sibley	53.47
4	Froeming, Leanna	9	South St. Pa	49.73
5	Hughes, Rachel	11	Hastings	53.44
6	Schuh, Olivia	9	South St. Pa	56.33

Event 18 Boys 300 Meter Hurdles (22)**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Tuesday 5/21/2019 - 5:40 PM

New Record: 39.28 5/24/2016 Clayton Johnson

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Santiago-Castillo, Yasiel	11	Henry Sibley	50.41
2	Stone, Jake	12	North HS	46.76
3	Julio-Argel, Jorge	10	Tartan	45.74
4	Gonzalez, Marco	12	South St. Pa	41.74
5	Keumogne, Randy	11	Tartan	42.72
6	Smith, Jamie	10	St Thomas Ac	45.74
7	McCollum, Morris	12	North HS	47.02
8	Carda, Matthew	9	Hastings	50.83

Heat 2 of 3 Prelims

1	Smit, Caleb	10	St Thomas Ac	50.19
2	McKeown, Kole	9	Mahtomedi	46.61
3	Splinter, Kyle	12	North HS	45.58
4	Adebayo, Hope	11	Simley	41.59
5	Sirek, Gabe	11	St Thomas Ac	42.74
6	McFadden, Kyle	11	Hill-Murray	45.87
7	Canada, Dennis	11	Henry Sibley	47.08

Heat 3 of 3 Prelims

1	Weeks, Austin	12	Hastings	49.53
2	Nickson, Steven	11	Henry Sibley	46.24
3	Kendall, Paul	12	Hastings	45.44
4	Johnson, Evan	11	Mahtomedi	41.46
5	Wilebski-Hendrickson, Tyler	11	South St. Pa	45.10
6	Fedie, Dominic	11	Mahtomedi	46.14
7	Baker, Grant	11	South St. Pa	47.09

Event 19 Girls 800 Meter Run (19)**12 Advance: Top 2 Each Heat plus Next 6 Best Times**

Tuesday 5/21/2019 - 5:55 PM

New Record: 2:20.91 5/26/2016 Paige Cater

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1A	Bonilla-Rios, Crystal	9	Simley	2:39.44
2A	Lenarz, Bauston	12	South St. Pa	2:33.44
2B	Masterson, Emily	12	North HS	2:44.63
3A	Birkeland, Giorgia	11	Mahtomedi	2:33.80
3B	Adricula, Autumn	9	Hastings	2:45.06
4A	Franco-Omana, Francisca	10	Henry Sibley	2:40.11

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Heat 2 of 3 Prelims...(Event 19 Girls 800 Meter Run (19))

1A	Kapfer, Kaia	10	Mahtomedi	2:38.72
2A	Brenard, Breanna	8	South St. Pa	2:31.24
2B	Laska, Brooke	10	Tartan	2:41.55
3A	Daley, Avery	10	Hastings	2:34.71
3B	Draves, Gretchen	9	Tartan	2:46.45
4A	Sanchez-Castillo, Daniela	9	Henry Sibley	2:41.00

Heat 3 of 3 Prelims

1A	Nelson, Emmeline	11	Mahtomedi	2:36.92
1B	Kohel, Megan	12	Tartan	2:56.88
2A	Rosga, Jaylen	9	Henry Sibley	2:24.64
2B	Hassing, Sydney	12	Simley	2:41.54
3A	Biscoe, Emily	11	Hastings	2:36.90
3B	Gullickson, Aselya	9	South St. Pa	2:48.14
4A	Raab, Emma	11	Simley	2:41.34

Event 20 Boys 800 Meter Run (25)**12 Advance: Top 2 Each Heat plus Next 6 Best Times**

Tuesday 5/21/2019 - 6:10 PM

New Record: 1:57.84 5/24/2018 Isaac Huntington

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1A	Doran, P.J.	12	St Thomas Ac	2:13.69
1B	Anaya, Alex	8	Simley	2:26.30
2A	Brown, Daniel	11	Hastings	2:08.21
2B	Latterell, Aidan	10	Tartan	2:20.11
3A	Diesslin, Dave	11	North HS	2:08.60
3B	Connors, Nolan	9	Hill-Murray	2:21.03
4A	McLachlan, James	12	Mahtomedi	2:14.37
4B	Langfield, Owen	8	Henry Sibley	2:28.29

Heat 2 of 3 Prelims

1A	Strohoffer, Carl	9	Henry Sibley	2:13.29
1B	Martinez, Ignacio	11	North HS	2:25.50
2A	Alton, Brad	12	Henry Sibley	2:06.81
2B	Jurney, Alexander	12	Mahtomedi	2:19.74
3A	Viggiano, Luigi	12	Mahtomedi	2:09.41
3B	Ortiz, Angel	11	South St. Pa	2:21.97
4A	Motzel, Joey	12	St Thomas Ac	2:17.25
4B	Provost, Robert	10	North HS	2:47.09

Heat 3 of 3 Prelims

1A	Stoltz, Kyle	10	Hastings	2:13.24
1B	Streich, Caleb	9	Simley	2:23.74
2A	Youngstrom, Jakub	11	Hastings	2:02.43
2B	Wertzler, Peter	11	Tartan	2:18.66
2C	Hickman, Kane	12	South St. Pa	NT
3A	Giese, Charlie	10	Simley	2:09.88
3B	Hughes, Ethan	11	Tartan	2:22.22
4A	Adams, Thomas	9	St Thomas Ac	2:17.60
4B	Rodriguez, Luis Ronaldo	11	South St. Pa	NT

Event 21 Girls 200 Meter Dash (23)**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Tuesday 5/21/2019 - 6:30 PM

New Record: 25.22 5/24/2018 Shalicia Jones

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Oliva, Valencia	8	Henry Sibley	30.50
2	Molitor, Samantha	9	Hastings	28.97
3	Rome, Ahmira	9	Tartan	27.85
4	Stellmach, Sarah	11	Mahtomedi	26.95
5	Holst, Anna	9	Mahtomedi	27.32
6	Gurley, Shamara	9	Henry Sibley	27.98
7	Haugh, Megan	10	Hill-Murray	29.41
8	Marthaler, Hannah	9	Hastings	30.60

Heat 2 of 3 Prelims

1	Smith, Meghan	12	Mahtomedi	30.18
2	Pedersen, Hayley	12	North HS	28.88
3	Jackson, Aliah	11	Simley	27.69
4	Ekereke, Kendra	12	Tartan	26.82
5	Wilkerson, Tayghan	8	Hastings	27.60
6	Lehmann, Clair	12	South St. Pa	28.22
7	Shenouda, Justina	12	Henry Sibley	29.50
8	Tatay de la Fuente, Aitana	10	South St. Pa	31.02

Heat 3 of 3 Prelims

1	Johanson, Glory	7	South St. Pa	30.04
2	Anderson, Rachel	11	Simley	28.63
3	Boughton, Zoe	10	Simley	27.63
4	Jones, Shalicia	11	North HS	25.02
5	Roberts, Aurora	11	Tartan	27.61
6	Parsons, Brianna	11	North HS	28.45
7	Pearson, Claire	10	Hill-Murray	30.01

Event 22 Boys 200 Meter Dash (27)**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Tuesday 5/21/2019 - 6:40 PM

New Record: 21.88 5/21/2015 Akeem Sirleaf

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Odeku, John	12	Tartan	24.88
3	Halatsis, Alexander	11	Mahtomedi	24.22
4	Adebayo, Hope	11	Simley	23.84
5	Twyman, Mekeil	12	North HS	23.85
6	DuRand, Beau	11	Hastings	24.30
7	O'Keefe, Patrick	11	St Thomas Ac	24.88

Heat 2 of 4 Prelims

1	Gleb, Marquise	10	South St. Pa	26.58
2	Coleman, Elijah	10	Tartan	24.82
3	Gannon, Riley	12	Hill-Murray	24.20
4	Hurley, Gianni	9	Hill-Murray	23.69
5	Cooke, J	9	North HS	23.90
6	Frederick, Alec	12	Simley	24.35
7	Stotts, Owen	12	Henry Sibley	25.51

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Heat 3 of 4 Prelims...(Event 22 Boys 200 Meter Dash (27))

1	Moreno-Castro, Pablo	10	Henry Sibley	26.25
2	Dang, Tien	11	Tartan	24.80
3	Fosdick, Ian	12	Mahtomedi	24.18
4	Monack, Alex	12	South St. Pa	23.50
5	Lee, Dylan	9	North HS	24.01
6	Richardson, Shawn	10	Henry Sibley	24.40
7	Bennett, Adam	12	Hill-Murray	25.70

Heat 4 of 4 Prelims

1	Makar, Marcelino	10	Simley	25.86
2	Tuttle, Tristan	11	Mahtomedi	24.76
3	O'Neil, Grady	9	St Thomas Ac	24.17
4	Huntington, Isaac	11	Hastings	23.37
5	Thomas, Amar	12	Hastings	24.13
6	Betts, Stephen	11	St Thomas Ac	24.54
7	Bakken, John	10	South St. Pa	25.78

Event 23 Girls 4x400 Meter Relay (8)**Thursday 5/23/2019 - 8:10 PM****New Record: 4:01.36 5/25/2017 Hill-Murray****A Ayd, E Haugh, V Schram, S Arradondo**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
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Section 1 of 1 Finals

1	Tartan		4:47.89
	1) Forsman, Amelia 10	2) Kohel, Megan 12	
	3) Vruno, Alec 9	4) Adekanmi, Goodness 12	
2	Mahtomedi		4:27.62
	1) Kroschel, Karla 11	2) McCormick, Grace 12	
	3) Smith, Meghan 12	4) Fischer, Makayla 9	
3	Hill-Murray		4:23.15
	1) Brown, Corrine 11	2) Schafhauser, Anna 9	
	3) Bloemendal, Maria 11	4) Ayd, Anna 12	
4	South St. Pa		4:20.56
	1) Jugovich, Jessica 12	2) Lenarz, Bauston 12	
	3) Froeming, Leanna 9	4) Laska, Tessa 12	
5	Hastings		4:21.16
	1) Atkins, Elise 7	2) Urban, Linnea 10	
	3) Larcholey, Liberty 11	4) Brake, Mallory 12	
6	Henry Sibley		4:26.38
	1) Anderson, Caroline 10	2) Rosga, Jaylen 9	
	3) Rajput, Leila 12	4) Dill, Rose 12	
7	Simley		4:32.20
	1) Loomis, Alexandra 9	2) Jessen, Amelia 9	
	3) Pedersen, Haley 12	4) Thoemke, Clara 9	
8	North HS		4:48.44
	1) Anigbogu, Colette 11	2) Masterson, Emily 12	
	3) Empting, Nicki 11	4) Semlak, Hannah 12	

Event 24 Boys 4x400 Meter Relay (9)**Thursday 5/23/2019 - 8:20 PM****New Record: 3:25.97 5/26/2016 Hastings****K Gudmunson, K O'Brien, J Brown, C Johnson**

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
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Section 1 of 2 Finals

3	Simley		NT
	1) Bigabwa, Byamun 11	2) Stinnett, Blake 8	
	3) Sok, Justin 11	4) Harmon, Tay 9	
4	St Thomas Ac		3:44.99
	1) Sirek, Gabe 11	2) Smit, Caleb 10	
	3) Adams, Alex 11	4) Yosef, Abraham 11	
5	Hill-Murray		3:49.92
	1) Mendez, Matias 11	2) Ranweiler, Caleb 12	
	3) Behun, Adam 12	4) Bennett, Adam 12	

Section 2 of 2 Finals

2	Tartan		3:44.33
	1) Krummel, Matthew 10	2) Weems, M'Akil 12	
	3) Latterell, Aidan 10	4) Kolberg, Kase 12	
3	Henry Sibley		3:36.67
	1) Clem, Grady 12	2) Alton, Brad 12	
	3) Latvis, Cameron 10	4) Morris, Brandon 10	
4	South St. Pa		3:31.63
	1) Wilebski-Hendrickson, Tyler 11	2) Gonzalez, Marco 12	
	3) Monack, Alex 12	4) Burciaga, William 11	
5	Hastings		3:34.78
	1) Dalmas, Logan 11	2) Kullmann, Noah 12	
	3) Brown, Daniel 11	4) Huntington, Isaac 11	
6	Mahtomedi		3:42.26
	1) Blasena, David 12	2) Viggiano, Luigi 12	
	3) Newman, Joseph 12	4) McLachlan, James 12	
7	North HS		3:44.77
	1) Jenkins, TyJon 9	2) Almeida, Anthony 11	
	3) Nguyen, Bao-Phong 11	4) Diesslin, Dave 11	

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Event 25 Girls High Jump (21)**Tuesday 5/21/2019 - 3:00 PM**

New Record: 5-04 5/22/2018 Zoe Stone

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Rohrer, Ella	9	South St. Pa	4-02.00
2	Coates, Sarah	10	Simley	4-04.00
3	Oluwa, Rukayat	12	Tartan	4-04.00
4	Northouse, Jessica	12	Tartan	4-06.00
5	Brake, Mallory	12	Hastings	4-06.00
6	Kimmes, Kalli	9	Hastings	4-06.00
7	Hinrichs, Lauren	12	Hill-Murray	4-06.00
8	Witham, Hadley	9	Henry Sibley	4-08.00
9	Casalenda, Natalie	7	South St. Pa	4-08.00
10	Ardito, Anna	12	Mahtomedi	4-08.00
11	Florance, Karissa	9	South St. Pa	4-08.00
12	Peterson, Hannah	12	Hastings	4-08.00
13	Natlin, Angelin	8	Simley	4-08.00
14	Masco-Isackson, Alyssa	10	Hill-Murray	4-10.00
15	Kohel, Megan	12	Tartan	4-10.00
16	Semlak, Hannah	12	North HS	4-10.00
17	Hauge, Olivia	10	Hill-Murray	5-00.00
18	Rajput, Leila	12	Henry Sibley	5-00.00
19	Morrell, Peyton	11	Mahtomedi	5-00.00
20	McCormick, Grace	12	Mahtomedi	5-00.00
21	Anderson, Caroline	10	Henry Sibley	5-04.00

Event 26 Boys High Jump (25)**Thursday 5/23/2019 - 3:00 PM**

New Record: 6-05 5/25/2017 Parker Fox

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Meyer, William	9	Hastings	5-00.00
2	Bakko, Tucker	9	St Thomas Ac	5-00.00
3	Johnson, William	11	Hastings	5-02.00
4	Harmon, Tre	9	Simley	5-02.00
5	Grissom, Tyion	9	Tartan	5-02.00
6	McFadden, Kyle	11	Hill-Murray	5-04.00
7	Hassing, Connor	10	Simley	5-04.00
8	Fedie, Dominic	11	Mahtomedi	5-04.00
9	Offstein, Ryan	10	Hill-Murray	5-04.00
10	Bakken, John	10	South St. Pa	5-06.00
11	Splinter, Kyle	12	North HS	5-06.00
12	Harmon, Tay	9	Simley	5-06.00
13	Rabaey, Isaac	12	Hastings	5-06.00
14	Thayer, Benjamin	11	Mahtomedi	5-06.00
15	Millington, Ryan	11	Mahtomedi	5-08.00
16	Witzany, Robert	11	Hill-Murray	5-08.00
17	Weems, M'Akil	12	Tartan	5-08.00
18	Twyman, Mekeil	12	North HS	5-08.00
19	Goaley, Tate	9	St Thomas Ac	5-08.00
20	Thurflow, Thomas	12	St Thomas Ac	5-08.00
21	Graham, AJ	10	Henry Sibley	5-10.00
22	Monack, Alex	12	South St. Pa	6-00.00
23	Warfa, Hamse	11	Henry Sibley	6-00.00
24	Toure, Malik	12	North HS	6-02.00
25	Clem, Grady	12	Henry Sibley	6-04.00

Event 27 Girls Pole Vault (15)**Thursday 5/23/2019 - 3:00 PM**

New Record: 11-06 5/26/2016 Kally Kolbeck

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Pawlenty, Margaret	9	Tartan	5-06.00
2	Carrol, Lauren	9	North HS	6-00.00
3	Ryan, Kate	11	Mahtomedi	7-00.00
4	Johnson, Ava	8	Hill-Murray	7-00.00
5	Prokosch, Grace	12	Hill-Murray	7-00.00
6	Davis, Naomi	11	Tartan	7-00.00
7	Aurelius, Andrieana	11	Tartan	7-06.00
8	Greeder, Caylee	11	Mahtomedi	7-06.00
9	Frattalone, Isabella	11	Mahtomedi	7-06.00
10	Deshler, Lara	9	Hastings	8-00.00
11	Offstein, Kaela	12	Hill-Murray	8-00.00
12	Gathright, Carolina	10	Hastings	8-06.00
13	Zoya, Lucita	9	North HS	9-00.00
14	Vaughan, Molly	10	Hastings	10-00.00
15	York, Abby	10	North HS	11-00.00

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Event 28 Boys Pole Vault (19)**Tuesday 5/21/2019 - 3:00 PM****New Record: 14-00 5/24/2016 Matt Kummeth**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Stinnett, Blake	8	Simley		7-00.00
2	Nikula, Joel	10	Tartan		7-06.00
3	Anderson, Seth	10	North HS		8-00.00
4	Offstein, Ryan	10	Hill-Murray		8-00.00
5	Draxler, Jacob	10	St Thomas Ac		9-00.00
6	Martinez, Sam	11	North HS		9-06.00
7	Kolberg, Kase	12	Tartan		9-06.00
8	Driscoll, Michael	10	St Thomas Ac		9-06.00
9	Viggiano, Kieran	12	Mahtomedi		10-00.00
10	O'Brien, Andrew	11	Hastings		10-00.00
11	Creamer, Ryan	10	St Thomas Ac		10-06.00
12	Jones, Logan	12	Tartan		10-06.00
13	Behun, Adam	12	Hill-Murray		10-06.00
14	Johnson, Evan	11	Mahtomedi		10-06.00
15	Kirchoff, Jackson	11	Hastings		10-06.00
16	Myers, Matt	12	Hastings		12-06.00
17	RocheFord, Ben	11	Hill-Murray		12-06.00
18	Hurley, Noah	12	North HS		13-00.00
19	Koeneman, Luke	11	Mahtomedi		13-06.00

Event 29 Girls Long Jump (24)**Top 9 Advance by Mark****Tuesday 5/21/2019 - 3:00 PM****New Record: 17-00 5/19/2015 Samantha Veldman**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Prelims					
1	Hassan, Najwa	9	North HS		13-00.00
2	Christopherson, Emma	10	Tartan		13-04.00
3	Jessen, Amelia	9	Simley		13-08.50
4	Hinrichs, Lauren	12	Hill-Murray		13-11.00
5	Hanson, Linnea	10	Hastings		14-00.50
6	Wilkerson, Tayghan	8	Hastings		14-02.00
7	Livingston, Paige	12	North HS		14-02.00
8	Erickson, Anna	8	South St. Pa		14-04.00
Flight 2 of 3 Prelims					
1	Stoerzinger, Geraldine	10	Hill-Murray		14-05.25
2	Dupont, Clara	11	Henry Sibley		14-07.00
3	Omoyeni, Ajibola	10	Hill-Murray		14-07.00
4	Peterson, Hannah	12	Hastings		14-07.50
5	Smith, Maiya	12	North HS		14-08.00
6	Miller, Malia	9	Simley		14-08.50
7	Gurley, Aaliyah	11	Henry Sibley		14-09.00
8	Bacon, Ericka	12	Simley		14-10.00

Flight 3 of 3 Prelims

1	Tabaka, Jillian	9	Tartan		14-11.50
2	Lehmann, Clair	12	South St. Pa		15-00.00
3	Young, Erin	9	Tartan		15-06.00
4	Froeming, Leanna	9	South St. Pa		15-06.50
5	Overvig, Annika	10	Henry Sibley		15-06.50
6	Frattalone, Isabella	11	Mahtomedi		15-09.00
7	Ong, Jackelyn	9	Mahtomedi		16-00.25
8	Krawczyk, Kylie	12	Mahtomedi		16-06.50

Event 30 Boys Long Jump (27)**Top 9 Advance by Mark****Thursday 5/23/2019 - 3:00 PM****New Record: 21-10.50 5/21/2015 Akeem Sirleaf**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Prelims					
1	Stinnett, Blake	8	Simley		16-06.00
2	Christoffersen, Quinn	10	South St. Pa		16-11.00
3	Bergthold, Chris	11	North HS		16-11.00
4	Meyer, William	9	Hastings		17-01.00
5	Moindi, Enock	10	Henry Sibley		17-01.50
6	Troje, Jacob	10	Tartan		17-03.00
7	Kelley, Patrick	12	South St. Pa		17-05.50
8	Harmon, Tre	9	Simley		17-07.00
9	Wilebski-Hendrickson, Tyler	11	South St. Pa		17-09.25
Flight 2 of 3 Prelims					
1	Johnson, William	11	Hastings		17-09.50
2	Spinks, Nicholas	12	Tartan		17-10.50
3	O'Neil, Grady	9	St Thomas Ac		18-00.50
4	Bigabwa, Byamun	11	Simley		18-02.00
5	Batica, Evan	11	North HS		18-02.00
6	Kullmann, Noah	12	Hastings		18-03.00
7	Blasena, David	12	Mahtomedi		18-06.50
8	Deyak, Joe	11	St Thomas Ac		18-07.75
9	Larson, Jake	9	Mahtomedi		18-08.00
Flight 3 of 3 Prelims					
1	McKinley, Rashad	9	Hill-Murray		18-08.50
2	Weems, M'Akil	12	Tartan		19-02.00
3	Phillips, Joey	10	Henry Sibley		19-08.00
4	Betts, Stephen	11	St Thomas Ac		20-00.00
5	Adkins, Brian	11	Hill-Murray		20-00.75
6	Witzany, Robert	11	Hill-Murray		20-01.50
7	Latvis, Cameron	10	Henry Sibley		20-06.25
8	Toure, Malik	12	North HS		21-02.75
9	Fosdick, Ian	12	Mahtomedi		22-00.50

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Event 31 Girls Triple Jump (24)**Top 9 Advance by Mark****Thursday 5/23/2019 - 3:00 PM****New Record: 36-09.50 5/25/2017 Kylie Krawczyk**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 3 Prelims

1	Star, Laura	11	North HS		26-08.00
2	Grathen, Sawyer	12	Simley		27-05.00
3	Spurgeon, Kallista	12	Hastings		27-09.50
4	Nath, Fiona	12	Hill-Murray		28-01.00
5	Salazar, Amanda	12	South St. Pa		28-03.00
6	Hinrichs, Lauren	12	Hill-Murray		28-04.25
7	Bacon, Ericka	12	Simley		29-03.00
8	Peterson, Hannah	12	Hastings		29-04.00

Flight 2 of 3 Prelims

1	Abdi, Yasmiin	9	Tartan		29-07.00
2	Gustafson, Clarice	10	South St. Pa		29-09.50
3	Rolland, Olivia	11	North HS		29-10.00
4	Johanson, Glory	7	South St. Pa		29-10.00
5	Omoyeni, Ajibola	10	Hill-Murray		30-02.00
6	Semlak, Hannah	12	North HS		30-08.00
7	Hughes, Rachel	11	Hastings		31-02.25
8	Overvig, Annika	10	Henry Sibley		31-06.25

Flight 3 of 3 Prelims

1	Tabaka, Jillian	9	Tartan		31-10.50
2	Thoemke, Clara	9	Simley		32-00.00
3	Ong, Jackelyn	9	Mahtomedi		33-07.00
4	Greeder, Caylee	11	Mahtomedi		33-10.00
5	Dupont, Clara	11	Henry Sibley		33-11.00
6	Ekereke, Kendra	12	Tartan		34-00.00
7	Krawczyk, Kylie	12	Mahtomedi		34-08.50
8	Gurley, Aaliyah	11	Henry Sibley		34-09.50

Event 32 Boys Triple Jump (23)**Top 9 Advance by Mark****Tuesday 5/21/2019 - 3:00 PM****New Record: 46-00 5/22/2018 John Sass**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 3 Prelims

1	Gruwell, Michael	10	Hastings		31-10.00
2	Hurd, Ryan	9	South St. Pa		32-04.00
3	Meyer, William	9	Hastings		34-01.50
4	Rohrer, Griffin	12	South St. Pa		35-01.00
5	Smith, Jamie	10	St Thomas Ac		35-02.50
6	Thurlow, Thomas	12	St Thomas Ac		36-04.00
7	Adebayo, Hope	11	Simley		37-07.00

Flight 2 of 3 Prelims

1	Bergthold, Chris	11	North HS		37-10.00
2	Johnson, William	11	Hastings		37-11.00
3	Bigabwa, Byamun	11	Simley		38-00.00
4	Splinter, Kyle	12	North HS		38-00.75
5	Warfa, Hamse	11	Henry Sibley		38-07.00
6	Phillips, Joey	10	Henry Sibley		38-11.00
7	McKinley, Rashad	9	Hill-Murray		39-06.50
8	Thayer, Benjamin	11	Mahtomedi		39-08.00

Flight 3 of 3 Prelims

1	Hogan, Benjamin	11	Mahtomedi		39-08.50
2	Adkins, Brian	11	Hill-Murray		39-11.25
3	Clem, Grady	12	Henry Sibley		40-04.00
4	Witzany, Robert	11	Hill-Murray		40-09.00
5	Deyak, Joe	11	St Thomas Ac		40-09.50
6	Jones, Mike	12	South St. Pa		40-10.00
7	Toure, Malik	12	North HS		41-02.25
8	Fosdick, Ian	12	Mahtomedi		45-06.00

Event 33 Girls Discus Throw (22)**Top 9 Advance by Mark****Tuesday 5/21/2019 - 3:00 PM****New Record: 118-05 5/22/2018 Gabrielle Hicks**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Prelims

1	Sanchez, Alondra	10	Henry Sibley		46-00
2	Schuster, Faith	8	South St. Pa		56-01
3	Deal, Rheanna	12	Simley		63-06
4	Harris, Jasmyn	8	Tartan		64-06
5	Brazil, Cecelia	9	Tartan		65-03
6	Quale, Alisa	10	North HS		67-11
7	Brings, Amanda	8	South St. Pa		69-07
8	Prokosch, Grace	12	Hill-Murray		73-06
9	Miller, Meaghan	8	South St. Pa		74-09
10	Adebayo, Zainab	9	Simley		77-08
11	Flor, Jayda	12	North HS		77-10

Flight 2 of 2 Prelims

1	Omoyeni, Olasubomi	11	Hill-Murray		82-02
2	Franco, Gabi	12	Mahtomedi		84-07
3	Bakken, Evelyn	12	Tartan		85-05
4	Rausch, Madelynn	12	Hill-Murray		86-04
5	Chamberlain, Joella	11	Hastings		89-01
6	Khang, Lindsey	11	North HS		90-00
7	Irsfeld, Peyton	11	Mahtomedi		90-09
8	Tietjen, Megan	12	Hastings		91-10
9	Hemenway, Abbigail	11	Mahtomedi		95-10
10	Hepper, Abby	10	Simley		100-07
11	Davison, Jessica	12	Hastings		117-11

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Event 34 Boys Discus Throw (26)**Top 9 Advance by Mark**

Thursday 5/23/2019 - 3:00 PM

New Record: 189-00 5/25/2017 Jake Kubiawicz

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Prelims					
1	Heyer, Lucas	9	Hill-Murray		85-00
2	Powe, Devin	10	Tartan		87-06
3	Trouten, Rylan	12	South St. Pa		87-09
4	Heinrichs, Elliot	10	Hill-Murray		91-01
5	Viner, Carter	11	South St. Pa		93-11
6	Spychalla, Marshall	10	Simley		94-06
7	Koeneman, Luke	11	Mahtomedi		101-10
8	Marlowe, Jason	10	Simley		107-00

Flight 2 of 3 Prelims

1	Young, Shaquille	12	Tartan		109-08
2	Brunelle, Tyler	10	Henry Sibley		110-04
3	Moder, Everitt	11	North HS		112-08
4	Mensen, Joe	10	Hill-Murray		113-03
5	Thor, Marshall	9	North HS		114-03
6	Delmont, Gabe	12	Henry Sibley		116-00
7	Touray, Al-Ghazaali	12	Mahtomedi		116-04
8	Anderson, Aric	12	Mahtomedi		106-05
9	Foster, Darien	11	South St. Pa		116-07

Flight 3 of 3 Prelims

1	Ayd, Joe	12	Henry Sibley		117-09
2	Horst, Jack	12	St Thomas Ac		118-02
3	Knoll, Lucas	10	Hastings		118-03
4	Bluhm, Sully	11	St Thomas Ac		120-05
5	Rabaey, Isaac	12	Hastings		120-07
6	Reppenhagen, Ben	11	St Thomas Ac		122-06
7	Tabor, Bennett	10	Simley		127-08
8	Feist, Cade	11	North HS		130-06
9	Levos, Sullivan	12	Hastings		139-05

Event 35 Girls Shot Put (24)**Top 9 Advance by Mark**

Thursday 5/23/2019 - 3:00 PM

New Record: 39-05 5/26/2016 Hannah Gustafson

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Prelims					
1	Boatman, Sienna	11	South St. Pa		20-08.00
2	Casseday, Kjersten	11	Tartan		23-02.00
3	vanNatta, Katy	12	Henry Sibley		23-09.75
4	Miller, Meaghan	8	South St. Pa		24-03.00
5	Adebayo, Zainab	9	Simley		24-05.50
6	Prokosch, Grace	12	Hill-Murray		25-02.00
7	Deal, Rheanna	12	Simley		25-09.50
8	Omoyeni, Olasubomi	11	Hill-Murray		25-11.00

Flight 2 of 3 Prelims

1	Brazil, Cecelia	9	Tartan		26-02.50
2	Brings, Amanda	8	South St. Pa		28-01.00
3	Johnson, Aaliyah	10	Henry Sibley		28-03.00
4	Quale, Alisa	10	North HS		28-03.00
5	Rausch, Madelynn	12	Hill-Murray		28-08.00
6	Bakken, Evelyn	12	Tartan		28-09.50
7	Ellsworth, Victoria	10	Hastings		29-11.00
8	Flor, Jayda	12	North HS		30-04.00

Flight 3 of 3 Prelims

1	Tietjen, Megan	12	Hastings		31-00.00
2	Filhart, Ruby	12	Henry Sibley		31-00.75
3	Ngunu, Nkobwa	9	Mahtomedi		31-08.00
4	Irsfeld, Peyton	11	Mahtomedi		32-00.00
5	Khang, Lindsey	11	North HS		32-08.00
6	Davison, Jessica	12	Hastings		32-10.50
7	Brown, Abigail	10	Mahtomedi		33-03.00
8	Hepper, Abby	10	Simley		36-04.00

Event 36 Boys Shot Put (26)**Top 9 Advance by Mark**

Tuesday 5/21/2019 - 3:00 PM

New Record: 59-04.25 5/23/2017 Jake Kubiawicz

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 3 Prelims					
1	Yebyo, Sem	11	South St. Pa		31-05.00
2	Brunelle, Tyler	10	Henry Sibley		32-05.00
3	Powe, Devin	10	Tartan		33-08.00
4	Mensen, Joseph	10	Hill-Murray		34-03.00
5	Marlowe, Jason	10	Simley		34-07.00
6	Spychalla, Marshall	10	Simley		34-11.00
7	Thao, Haoxeng	10	North HS		35-02.00
8	Knapp, Drake	11	South St. Pa		36-00.00
9	Franklin, Jamonte	11	Simley		36-00.00

Flight 2 of 3 Prelims

1	Thill, Tristen	12	Mahtomedi		36-02.00
2	Ernst, Patrick	12	Henry Sibley		37-01.00
3	Heyer, Lucas	9	Hill-Murray		37-11.00
4	Heinrichs, Elliot	10	Hill-Murray		37-11.00
5	Touray, Al-Ghazaali	12	Mahtomedi		38-11.00
6	Anderson, Aric	12	Mahtomedi		39-08.00
7	Young, Shaquille	12	Tartan		39-11.00
8	Fondungallah, Tala	12	St Thomas Ac		41-01.00

Flight 3 of 3 Prelims

1	Levos, Sullivan	12	Hastings		41-03.25
2	Foster, Nick	12	Hastings		42-00.00
3	Rabaey, Isaac	12	Hastings		42-00.00
4	McPhillip, Gavin	10	North HS		42-05.25
5	Reppenhagen, Ben	11	St Thomas Ac		43-04.00
6	Nulty, Jack	12	Henry Sibley		43-07.00
7	Kaeppe, Trajan	11	St Thomas Ac		43-11.50
8	Dwelle, Sam	11	South St. Pa		44-03.00
9	Feist, Cade	11	North HS		46-11.00