

SUGGESTED TIME SCHEDULE FOR CHAMPIONSHIP FINALS MEET:

- 4:25 National Anthem
- 4:30 4x800 Meter Relay--Girls
4x800 Meter Relay--Boys
Awards--4x800 Meter Relays, Boys & Girls 3200 Meter Run
- 5:05 100 Meter Hurdles--Girls
110 Meter High Hurdles--Boys
Awards--100 Meter Hurdles & 110 Meter High Hurdles
- 5:20 100 Meter Dash--Girls
100 Meter Dash--Boys
Awards--100 Meter Dashes, Boys & Girls Pole Vault
- 5:40 4x200 Meter Relay--Girls
4x200 Meter Relay--Boys
Awards--4x200 Meter Relays
- 6:00 1600 Meter Run--Girls
1600 Meter Run--Boys
Awards--1600 Meter Runs, Boys High Jump, Girls High Jump
- 6:30 4x100 Meter Relay--Girls
4x100 Meter Relay--Boys
Awards--4x100 Meter Relays
- 6:45 400 Meter Dash--Girls
400 Meter Dash--Boys
Awards--400 Meter Dashes. Girls Shot Put & Discus, Boys Shot Put & Discus
- 7:00 300 Meter Low Hurdles--Girls
300 Meter Intermediate Hurdles--Boys
Awards--300 Meter Intermediate Hurdles, Girls Long Jump, Boys Triple Jump
- 7:15 800 Meter Dash--Girls
800 Meter Dash--Boys
Awards--800 Meter Runs, Girls Triple Jump, Boys Long Jump
- 7:40 200 Meter Dash--Girls
200 Meter Dash--Boys
Awards--200 Meter Dashes
- 8:10 4x400 Meter Relay--Girls
4x400 Meter Relay--Boys
Awards--4x400 Meter Relays
- 8:30 **Awards--TEAM CHAMPIONSHIPS!!!!**