

We initiating the following strategies in our Aquatics program to help minimize the spread of COVID-19

Before You Come



Complete a health screening. If you or anyone in your home have any of the following symptoms, stay at home.

- fever (100 or higher) within the last 72 hrs
- cough or sore throat
- shortness of breath
- chills or repeated shaking with chills
- muscle pain
- headache
- new loss of taste or smell
- had direct household contact with a person experiencing an undiagnosed cough & fever
- diarrhea &/or vomiting in the last 24 hrs



Bring your own masks. Masks are required inside the building.



Do not bring more than one adult per student. Adults not assisting in the water may be asked to wait outside the pool area to minimize the number of people in the room.



Everyone who will be in the water (students and adult assistants) must arrive with swimsuits on under clothes.



Bring your own filled water bottle (if desired). Drinking fountains will not be accessible.

When You Arrive



You will be asked to confirm your health screening. A temperature check may be performed.



Wash or sanitize your hands upon arrival.



Place your belongings in a sanitized bin or protective bag.



All students and adult assistants must shower in their suits before entering the water. A common shower area will be used for all swimmers.

While You're Here



You are required to wear a mask when not swimming or showering.



Wash or sanitize your hands frequently.



Maintain a 6 foot distance between yourself and other people or families. Floor markings and other visual cues in the pool will help reinforce social distancing.



High touch surfaces will be cleaned frequently. Staff will disinfect equipment between each user.



Instructors will teach from the deck and may occasionally demonstrate skills in the water.



Swimmers will each be assigned an area of the locker room to change after lessons. Each area will be disinfected after each use.



Printed material will only be distributed when absolutely necessary. Communication will be through email and our website.

When You Leave



If you or your child tests positive for COVID-19 you must not bring your child to swim lessons and must notify the MN Department of Health and Linda Napoli, Community Education Aquatics Coordinator at 651-748-7436 or lnapoli@isd622.org.

