

## **ACADEMIC EXPECTATIONS**

We need to make sure we are doing a great job in our classes! Be on time, turn in your assignments, and be a good citizen. Those athletes who failed a class last trimester will be sitting out of our first official meet. Any athletes who have MSHSL violations will sit out of the first meet as well.

## **PRACTICE EXPECTATIONS IN REVIEW**

*Athletes must be at practice every day.*

### **Excused Vs. Unexcused Absences.**

An excused absence such as a dental or doctor appointment, church event, family situation or school authorized field trip is excused. A note from your parents/guardian or an email to Coach Wallert is all that is needed.

Getting help from a teacher after school is also excused. When getting help for a class after school, the following procedure is to be followed:

- Stop in the weight room after school and see Coach Wallert – **Sign Clipboard**
- Report to your teacher for help.
- Return to Coach Wallert with a note from that teacher – complete practice.
- **Sending a teammate to Coach Wallert is not acceptable.**

Unexcused absences will result in a one meet suspension. If you are not competing you are still required to attend the meet and assist the coaches.

**Be accountable in all situations – True character is revealed  
when no one is watching.**

