

Pre-CNA (Certified Nursing Assistant)

Description:

Nursing assistants give personal care to patients in hospitals and nursing homes. They work under the direction of nurses and doctors.

In this class you will learn:

- How to provide personal care such as bathing, grooming, assisting with elimination needs, dressing, and feeding
- How to develop better listening and communication skills
- 450 new vocabulary words dealing with the body, medicine and medical equipment.
- The roles and responsibilities of a nursing assistant and the rights of patients
- How to take and record measurements such as blood pressure, temperature, pulse, height, and weight
- Patient safety and how to protect yourself against injury
- Use of various medical equipment
- Infections Control

This is only an introduction class, NOT a certification class. If you successfully complete the class you will get a recommendation from the teacher to move onto a certified nursing assistant training program.

Requirements:

for admission to class-

- 12 week commitment
- CASAS Reading test score of 221+ on Form 185/186, CASAS Listening test score of 221+ on Form 55/56 OR TABE D Reading test score of 5.0-8.0
- Must be able to pass a background check
- Able to walk/stand for long periods of time
- Able to lift 30 lbs
- Able to provide direct care to patients.

for successful completion of class:

- 80% on weekly quizzes and final exam
- 90% attendance
- 100% participation while in class

Application Process: This course is offered two times a year. Registration for classes takes place on Mondays and Wednesdays

Next Steps:

Once done with the course, students will move on to a Nursing Assistant Training (NAT) program. These programs will give the learner additional preparation to take the NNAAP exam or the NA/HHA exam for certification as a nursing assistant or a nursing assistant/home health aide in Minnesota.