

COVID-19 Safety Procedures for ECFE

Your health and safety is very important to us and we want to ensure that ECFE classes are as safe as possible. Please familiarize yourself with these procedures before attending.

Before You Come



Complete a self assessment. If you or anyone in your home have any of the following symptoms, stay at home.

- fever (100 or higher) within the last 72 hours
- cough or sore throat
- shortness of breath
- chills or repeated shaking with chills
- muscle pain
- headache
- new loss of taste or smell
- had direct household contact with a person experiencing an undiagnosed cough and fever
- diarrhea and/or vomiting in the last 24 hours



Bring your own mask. Masks are required for everyone over 5 years old.

While You're Here



Everyone over age 5 is required to wear a mask.



Wash or sanitize your hands frequently.



Cover your cough or sneeze.



Maintain social distancing.



Food is not allowed.



Do not rearrange chairs. Chair arrangements have been predetermined based on social distancing and air flow.

When You Arrive



If you arrive early, please wait in your car until class time to avoid congregating in the hallway.



Wash or sanitize your hands upon arrival. Wash hands with soap and water in the bathroom OR use hand sanitizer provided in the lobby.

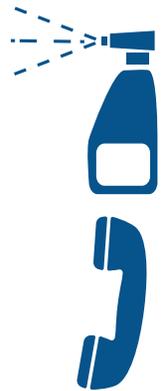


Follow the traffic flow signs and maintain social distancing at all times.

When You Leave



Do not linger in the room or hallway after your activity ends. Follow the traffic flow signs to exit the building.



Staff will clean and sanitize the room and equipment during and after class.

Call our office at 651-702-8411 if you or your child has tested positive for COVID-19.

Returning After Illness

If you or someone in your household is having respiratory symptoms (cough OR sore throat OR difficulty breathing) and no test was done to confirm diagnosis, you can resume attending class when these three things have happened:

1. Fever free for at least 72 hours without the use of fever reducing medication AND
2. Other symptoms have improved AND
3. At least 10 days have passed since your symptoms first appeared

If you or someone in your household had lab confirmed COVID-19, you can resume attending class when these three things have happened:

1. Fever free for at least 72 hours without the use of fever reducing medication AND
2. Other symptoms have improved AND
3. You received a negative test (or per your doctor's recommendation in written format)