

**Personal Records By Runner**

Last Name	First Name	Conference Preview	Mathtomedi	St. Croix Bluffs	St. Croix - Hill Murray	Conference	Sectionals	Total # of PRs/Runner	PR/Best Time
Evert	Juan Carlos							0	21:57.1
Forsman	Mitchell					X		1	24:37.4
Holleschau	Colton				X	X		2	21:17.7
Holton	Nick	X		X		X		3	17:03.7
Korf	Blake							0	20:46.3
Korf	Cain							0	20:06.5
Krummel	Matt						1	1	17:09.1
Latterell	Aidan							0	19:18.5
Nilson	Kyle				X			1	21:36.6
Piepgras	Henry				X	X		2	18:13.5
Sweeney	Blake			X				1	23:43.7
Thomas	Mikey				X	X		2	20:07.2
Ung	Alex			X	X			2	25:49.9
Vruno	Alec							0	24:59.3
Total PRs/Race		1	0	3	5	5	1	15	

**GOOD LUCK TO OUR GRADUATING SENIORS**

**Cain Korf, Matt Krummel, Aidan Latterell Henry Piepgras, Blake Sweeney and Mikey Thomas**

**"Running is the greatest metaphor for life, because you get out of it what you put into it." Oprah Winfrey**