

Koj Cov Menyuum Pwas Tau Npaj Tiav?

Minnesota Txoj Cai Txhaj Tshuaj Yog Li Cas

Kev txhaj tshuaj Yuav tsum tau muaj

Siv daim ntawv (Chart) kev qhia no los mus txiav txim tias hom tshuaj twg ua xav tau los mus rau npe hauv qhov chaws zov me nyuam, cov qhov chaws qhia me nyuam yaus, thiab tsev kawm ntawv (tsoom fww li los sis cov diav).

Nrhiav cov qib ntawm tus me nyuam lub hnuv nyug/qib kawm thiab los mus saib seb tias koj tus me nyuam puas muaj pes tsawg koob tshuaj ua qhia pom nyob ntawm cov ntawv cim cia nyob ntawm txhua hom tshuaj txhaj. Cov lus nyob tom qab daim ntawv no qhia tias hnuv nyug twg thiaj li yuav tsum txhaj koob tshuaj tag.

Thaum yug Dhau mus txog 4 xyoo	Hnub nyoog: 5 Dhau mus 6 xyoo ^③	Hnub nyoog: 7 Dhau mus 11 xyoo	Hnub nyoog: 12 xyoo thiab Laus dua
Cov qhov chaws qhia me nyuam yaus thiab zov me nyuam	Rau cov me nyuam yaus uas pib kawm ntawv	Rau 1 st Dhau mus 6 th qib (kawm ntawv)	Rau 7 th Dhau mus 12 th qib (kawm ntawv)
Kab mob siab A (Hep A) ✓			
Kab mob siab B (Hep B) ✓✓✓	Kab mob siab B ✓✓✓	Kab mob siab B ✓✓✓	Kab mob siab B ^⑦ ✓✓✓
Kab mob qa foob, hnoos, Kab mob eb (diphtheria, pertussis, tetanus = DTaP/DT) ✓✓✓✓	Kab mob qa foob, hnoos, Kab mob xeeb (diphtheria, pertussis, tetanus = DTaP/DT) ^④ ✓✓✓✓✓	✓✓✓ Kab mob xeb kab mob qa foob muaj tias tshuaj npaum li cas ^⑥	✓ Kab mob qa foob, hnoos, Kab mob xeb (Tdap) ^⑧ & tsawg kawg yuav tsum muaj 2 koob tshuaj kab mob xeb (tetanus) thiab (kab mob qa foob (diphtheria))
Kab mob tuag tes taw ✓✓✓	Kab mob tuag tes taw ^⑤ ✓✓✓✓	Kab mob tuag tes taw ✓✓✓	Kab mob tuag tes taw ✓✓✓
Kab mob Ua qoob, Mob qog thiab kab mob qhuas plas (MMR) ✓	Kab mob Ua qoob, Mob qog thiab kab mob qhuas plas (MMR) ✓✓	Kab mob Ua qoob, Mob qog thiab kab mob qhuas plas (MMR) ✓✓	Kab mob Ua qoob, Mob qog thiab kab mob qhuas plas (MMR) ✓✓
Kab mob ua npaws loj hom b (Hib) ✓			Nqaj hlav npog paj hlwb ^⑨ ✓ & Koob ntxiv zog (booster)
Lub ntsws o (Pneumococcal) ^① ✓✓✓✓			
Kab mob ua qoob (Varicella) ^② ✓	Kab mob ua qoob ^② ✓✓	Kab mob ua qoob ^② ✓✓	Kab mob ua qoob ^② ✓✓

Kev txhaj tshuaj tiv thaiv kab mob uas yog ib qho xav kom ua tiamsi tsis yog ib qho yuav tsum tau ua:

COVID-19

Rau txhua tus menyuum uas muaj 12 xyoo rov saud

Txhaj tshuaj tiv thaiv kab mob khaub thuas

Txhaj txhua xyoo rau txhua tus me nyuam muaj 6 hli rov saum

Kab mob raws plab Rotavirus
Rau tus me nyuam mos

Tib neeg muaj kab mob sib kis los ntawm sib deev papillomavirus
Li ntawm hnub nyoog 11-12 xyoo

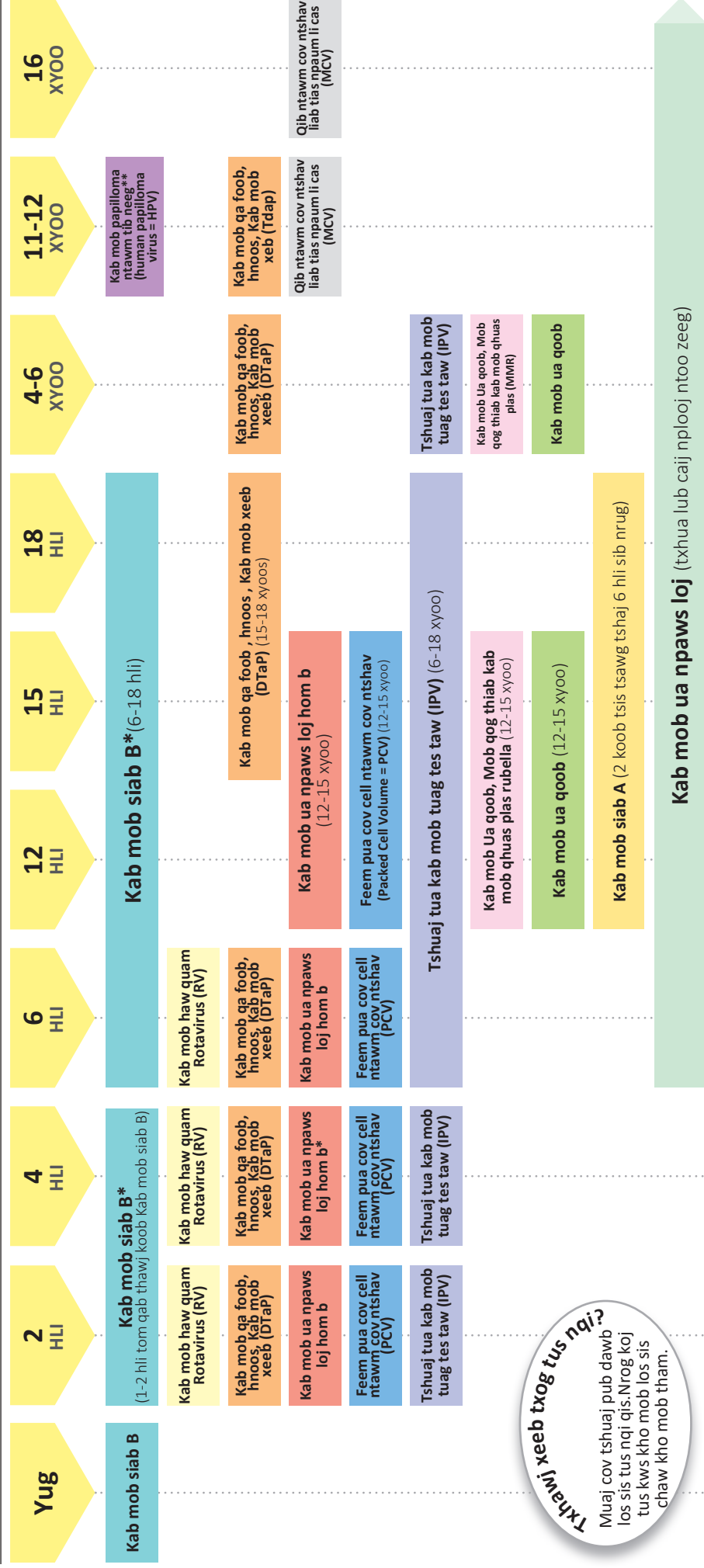
- ① Dhau 24 hli lawm tsis xav los tau.
- ② Yog tias tus me nyuam twb tau txhaj tshuaj tiv thaiv kab mob ua pob ua qhua taum, tsis cas pees yuav txhaj koob tshuaj ua qoob. Yog hais tias tus kab mob tau tshwm tom qab 2010, tus me nyuam tus kws kho mob yuav tsum tau kos npe rau daim ntawv lees paub tus kab mob.
- ③ Cov menyuum kawm ntawv qib ib uas muaj 6 xyoo los me tshaj ntawd yuav tsum tau ua raws li sij hawm teev tseg rau cov me nyuam yaus me aiv hais txog kab mob tuag tes taw thiab kab mob qa foob, hnoos, Kab mob xeeb (DTaP/DT).
- ④ Tsis cas pees yuav txhaj DTaP koob thib tsib yog tias koob thib plaub txhaj tom qab 4 xyoo. Koob DTaP kawg thaum 4 xyoo los sis tom qab 4 xyoo.
- ⑤ Koob thib plaub ntawm kab mob tuag tes taw tsis cas pees yog tias koob thib peb tau txhaj tom qab 4 xyoo. Koob kawg ntawm kab mob tuag tes taw yog los sis tom qab 4 xyoo.
- ⑥ Xav tau pov thawj tsis tsawg tshaj peb koob ntawm kab mob xeeb thiab mob qa foob. Yog tias tau txhaj txhua koob DTaP/DT, tsis cas pees yuav txhaj ntxiv.
- ⑦ Muaj dua txoj hau kev xaiv hais txog ob txoj kev teem cia txhaj tshuaj kab mob siab B yuav tau siv rau cov me nyuam muaj 11 mus txog 15 xyoo.
- ⑧ Yuav tsum muaj txhaj koob tshaj Tdap thaum pib kawm qib 7. Thiab yuav tsum muaj pov thawj tau mus txhaj ob koob tetanus thiab diphtheria. (DTaP/DT/Td).
- ⑨ Yuav tsum tau mus hno ib koob tshuaj thaum pib kawm qib 7. Koob tshuaj uas txhab ntxiv kom haj yam muaj zog tuaj yog hno thaum muaj 16 xyoo.

Kev zam Thaum mus rau npe hauv cov qhov chaws zov me nyuam, qhov chaws qhia me nyuam yaus, thiab tsev kawm ntawv hauv lav Minnesota, me nyuam yaus yuav tsum tau muab cov pov thawj tias lawv tau txhaj tshuaj no los sis khaws ntaub ntawv kev zam ua raug cai.

Niam thiab txiv yuav tsum sau ntaub ntawv thiab tau kos npe uas zam kev kho mob ntawm tus neeg muab kev pab sab xyuas kev noj qab haus huv los sis kev tsis zam kev kho mob ua niam-txiv/tus saib xyuas tau kos npe thiab lees paub.

Thaum Twg Mus Txhaj Tshuaj, Thaum Yug mus txog 16 Xyoo

(Cov Sijhawm Txhaj Tshuaj Pom Zoo Los Ntawm Lub CDC)



Txhawj! xeeb txog tus nqi?
 Muaj cov tshuaj pub dawb los sis tus nqi qis. Nrog koj tus kws kho mob los sis chaw kho mob tham.

Yeej tseem tsis tau lig! Yog tias koj tus menyuam txhaj koob tshuaj tsis txhij, ces hu mus nrog koj tus kws kho mob tham lossis tsev kuaj mob mus teem sijhawm mus txhaj tshuaj.

Txoj cai hauv Minnesota hais kom muaj pov thawj menyuam tau mus txhaj tej koob tshuaj yog cov menyuam mus rau tsev zov menyuam, tsev kawm ntawv pib thaum ntxov, thiab tsev kawm ntawv. Tiamsis, yog ib tus menyuam twg muaj ib yam mob twg lossis nws niam nws txiv tsis pub nws mus txhaj koob tshuaj ntawv, yeej muaj ib txoj cai los xyuas zam nws tsis tas txhaj los tau.

Tej menyuam uas muaj tej yam mob twg kuj yuav nij mus txhaj tshuaj ntxiv (xws li koob tshuaj pneumococcal lossis meningococcal). Tham nrog koj tus kws kho mob lossis tsev kuaj mob.

Cov lus luv kev txog kev txhaj tshuaj txhais li cas

DTaP/Td/Tdap = kab mob qa foob, hnoos, Kab mob xeeb (diphtheria, pertussis, tetanus)	Hib = Kab mob ua npaws loj hom b
Hep B = Kab mob siab B	IPV = kab mob tuag tes taw (polio)
MMR = Kab mob Ua qoob, Mob qog thiab rubella	PCV = lub ntsws o
	MCV = nqaij hlaw hauv paj hiwb
	RV = Kab mob Rotavirus

Muaj me nyuam? Tiv thaiv koj tus kheej thiab koj tus me nyuam los ntawm kev hnoos (whooping cough), txhaj koob tshuaj Tdap thaum muaj tus me nyuam li 27 rau 36 as thiv. Tham nrog koj tus kws kho mob.

*Cov naj npawb ntawm cov koob tshuaj nyob raws li ntawm koj tus kws kho mob siv hom tshuaj twg. **Ob koob tshuaj rau 9 txog 14 xyoo; peb koob tshuaj rau 15 txog 26 xyoo.

Yog xav paub txog koj tus menyuam li ntawv txhaj tshuaj, mus tham nrog koj tus kws kho mob. Kev nrhiav ntawv txhaj tshuaj muaj nyob ntxiv rau ntawm **Find My Immunization Record (nrhiav ntawv txhaj tshuaj)** (www.health.state.mn.us/people/immunize/mic/records.html) lossis koj hu tau rau lub Minnesota Immunization Information Connection (MIIC) ntawm 651-201-3980.

